

# The Cumberland Building Society Great Cumbrian Run 2014

## Carlisle

Sunday 5th October 2014



Official Timer - Winning Time UK Ltd - [www.winningtime.co.uk](http://www.winningtime.co.uk)



**RELAY TEAMS – ADD 1700 ONTO YOUR BIB NUMBER EG RELAY TEAM 1 IS 1701**

<b>BIB</b>	<b>FORENAME</b>	<b>SURNAME</b>	<b>RANK</b>	<b>GUN TIME</b>	<b>CHIP RANK</b>	<b>CHIP TIME</b>	<b>GEN POS</b>	<b>GENDER</b>	<b>CAT POS</b>	<b>CATEGORY</b>	<b>CLUB</b>
578	JULIAN	HATCHER	1	01:11:22	1	01:11:19	1	M	1	MSNR	BORDER HARRIERS
1422	JAMES	BUIS	2	01:11:56	2	01:11:54	2	M	1	M40	BORDER HARRIERS
1530	ROBERT	HODGSON	3	01:12:15	3	01:12:13	3	M	2	MSNR	BORDER HARRIERS
1154	MIKE	SCOTT	4	01:13:54	4	01:13:51	4	M	2	M40	NONE
1519	JOHN	FRENCH	5	01:14:53	5	01:14:51	5	M	3	MSNR	EDEN RUNNERS
1512	CRAIG	ISHERWOOD	6	01:15:11	6	01:15:09	6	M	4	MSNR	SUNDERLAND HARRIER
379	THOMAS	DURCAN	7	01:15:13	7	01:15:10	7	M	5	MSNR	DERWENT ATHLETIC CLUB
1534	MARC	BROWN	8	01:15:16	8	01:15:13	8	M	6	MSNR	KESWICK AAC
1603	BLAIN	ROONEY	9	01:18:20	9	01:18:16	9	M	7	MSNR	
1567	KEVIN	BELL	10	01:19:08	10	01:19:06	10	M	8	MSNR	BORDER HARRIERS
816	RICHARD	MACE	11	01:19:27	11	01:19:23	11	M	3	M40	BORDER HARRIERS
1048	CALLAM	PLUNKETT	12	01:20:07	12	01:20:05	12	M	9	MSNR	BORDER HARRIERS
954	RICHARD	MURDOCK	13	01:20:47	13	01:20:44	13	M	10	MSNR	
3	IAN	HARKNESS	14	01:20:48	14	01:20:45	14	M	11	MSNR	
319	DAVID	DANIELS	15	01:20:57	15	01:20:52	15	M	4	M40	TYNE BRIDGE HARRIERS
288	PAUL DAVID	COON	16	01:21:09	16	01:21:06	16	M	12	MSNR	CUMBERLAND AC
1204	JAMRS	SOUTER	17	01:21:49	17	01:21:45	17	M	13	MSNR	
1227	STUART	STODDART	18	01:22:02	18	01:22:00	18	M	5	M40	EDEN
495	MATTHEW	GODDARD	19	01:22:25	19	01:22:21	19	M	14	MSNR	SOUTHPORT WATERLOO AC
829	PATRICK	MALKINSON	20	01:22:37	20	01:22:32	20	M	15	MSNR	
1156	ETHAN	SCOWCROFT	21	01:22:56	21	01:22:50	21	M	16	MSNR	
1430	DAVID	THOMPSON	22	01:23:05	22	01:23:05	22	M	17	MSNR	
858	PHILIP	MATSUDA-CHAPMAN	23	01:23:24	23	01:23:18	23	M	6	M40	KOMAZAWA JOGGING CLUB, TOKYO
220	ADAM	CAMPION	24	01:24:00	24	01:23:47	24	M	7	M40	KESWICK AC
172	PAUL	BROWN	25	01:24:29	25	01:24:18	25	M	8	M40	MORPETH HARRIERS
982	TOM	NICHOLSON	26	01:24:32	27	01:24:30	26	M	18	MSNR	BORDER HARRIERS

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675	MICHAEL	IRVING	27	01:24:35	27	01:24:30	27	M	19	MSNR	
692	JAKE	JANSEN	28	01:24:43	28	01:24:38	28	M	20	MSNR	BLYTH
907	KEITH	MELVIN	29	01:25:01	29	01:24:57	29	M	21	MSNR	
1596	CRAIG	MCADAM	30	01:25:34	30	01:25:14	30	M	22	MSNR	
801	DARREN	LITTLE	31	01:25:39	31	01:25:30	31	M	23	MSNR	
1224	GRAEME	STEWART	33	01:25:42	33	01:25:38	33	M	25	MSNR	BLYTH RUNNING CLUB
633	MICHAEL	HOLLIDAY	33	01:25:42	32	01:25:34	33	M	25	MSNR	
787	STEPHEN	LEWIS	34	01:25:45	34	01:25:42	34	M	26	MSNR	CARLISLE TRI CLUB
908	GARETH	MELVIN	35	01:26:03	36	01:25:58	35	M	27	MSNR	BORDER HARRIERS
267	NEIL	CLUBBS	36	01:26:04	37	01:25:59	36	M	28	MSNR	
327	ANTHONY	DAVIS	37	01:26:08	35	01:25:53	37	M	1	M50	DERWENT AC
820	DONALD	MACLAREN	38	01:26:15	39	01:26:07	38	M	2	M50	MUD CREW TRAIL RUNNERS
1501	PAUL	MCKNESPIEY	39	01:26:48	40	01:26:45	39	M	9	M40	CARLISLE TRI
349	JOSH	DILLON	40	01:27:02	42	01:26:56	40	M	29	MSNR	
1158	RICHARD	SECULAR	41	01:27:05	43	01:26:57	41	M	30	MSNR	
1292	CARL	TOMLINSON	42	01:27:12	41	01:26:53	42	M	31	MSNR	
1549	GARY	PALA	43	01:27:25	38	01:26:05	43	M	32	MSNR	CUMBERLAND A C
78	PAUL	BASSINDALE	44	01:27:31	45	01:27:17	44	M	3	M50	
1552	NICK	TAIT	45	01:27:37	45	01:27:17	45	M	10	M40	
306	PHILIP	CUETO	46	01:27:39	46	01:27:24	46	M	33	MSNR	
4	STU	WINDSOR	47	01:27:44	49	01:27:44	47	M	11	M40	BORDER HARRIERS
1574	STEPHEN	HACKNEY	48	01:27:46	47	01:27:31	48	M	34	MSNR	DERWENT
885	ALAN	MCGEEN	49	01:27:50	49	01:27:44	49	M	4	M50	
812	PHIL	LOWREY	50	01:28:35	52	01:28:24	50	M	35	MSNR	ST BEES TRIERS
1013	JOHN	PARRY	51	01:28:37	55	01:28:33	51	M	12	M40	ADAC
1318	PHILIPPA	WAKEFIELD	52	01:28:38	53	01:28:29	1	F	1	FSNR	KESWICK AC

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1535	STEVEN	BOND	53	01:28:41	54	01:28:32	52	M	36	MSNR	
606	DAVID	HEWITSON	54	01:28:44	57	01:28:36	53	M	13	M40	
560	GRAHAM	HARMSE	55	01:28:47	51	01:28:11	54	M	5	M50	CARLISLE TRI
33	ROBBIE	ARMSTRONG	56	01:28:58	58	01:28:48	55	M	14	M40	
881	ALASTAIR	MCDONALD	57	01:29:04	60	01:28:56	56	M	15	M40	
870	DENNIS	MCARA	58	01:29:09	62	01:29:04	57	M	1	M60	
886	KIERAN	MCGING	59	01:29:12	59	01:28:55	58	M	37	MSNR	
1231	MARK	STOUT	60	01:29:18	64	01:29:15	59	M	38	MSNR	
1538	GARRY	PATERSON	62	01:29:21	57	01:28:36	61	M	16	M40	LOW FELL
532	WAYNE	GREIG	62	01:29:21	67	01:29:17	61	M	39	MSNR	CARLISLE TRI CLUB
1555	KAREN	BRIDGE	63	01:29:24	68	01:29:18	2	F	1	F40	
786	GRAHAM	LEWIS	64	01:29:26	65	01:29:16	62	M	40	MSNR	
638	ALAN	HOMER	65	01:29:27	63	01:29:11	63	M	41	MSNR	
790	DAVID	LIDDLE	66	01:29:28	50	01:28:03	64	M	17	M40	CARLISLE ASPATRIA
177	KEVIN	BROWN	67	01:29:29	67	01:29:17	65	M	18	M40	
651	NEIL	HUDSON	68	01:29:30	69	01:29:20	66	M	42	MSNR	
626	DAVID	HODGSON	69	01:29:42	70	01:29:33	67	M	6	M50	NEW MARSKE HARRIERS
1288	PAUL	TODD	70	01:29:48	71	01:29:38	68	M	19	M40	CUMBERLAND AC
1271	JACK	TELFORD	72	01:29:53	73	01:29:45	70	M	43	MSNR	
240	SHAUN	CAVANAGH	72	01:29:53	72	01:29:42	70	M	20	M40	CUMBERLAND AC
682	PAUL	JACKSON	73	01:30:05	74	01:29:57	71	M	21	M40	CUMBERLAND AC
1179	NEIL	SIDAWAY	74	01:30:12	78	01:30:08	72	M	7	M50	CUMBERLAND FELL RUNNERS
852	JAMES	MASON	75	01:30:14	75	01:30:01	73	M	44	MSNR	
1290	KARL	TODD	76	01:30:16	76	01:30:03	74	M	45	MSNR	
296	PHILIP	COX	77	01:30:17	79	01:30:11	75	M	22	M40	
1261	RYAN	TAYLOR	78	01:30:18	80	01:30:12	76	M	46	MSNR	

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1150	KEVIN	SCOTT	79	01:30:20	83	01:30:16	77	M	23	M40	
1006	SIMON	PARK	80	01:30:27	84	01:30:20	78	M	47	MSNR	
758	NICK	LANCASTER	81	01:30:32	83	01:30:16	79	M	2	M60	DERWENT A.C.
1433	DAVID	PARK	82	01:30:38	61	01:28:58	80	M	24	M40	TEAM XIII
1606	DANIEL	IBBOTSON	83	01:30:43	85	01:30:40	81	M	25	M40	BORDER HARRIERS
1550	GARETH	PRESCH	84	01:30:46	86	01:30:43	82	M	48	MSNR	
475	ANDREW	GARNER	85	01:30:57	83	01:30:16	83	M	8	M50	
1132	GEORGE	ROYSTON-BISHOP	86	01:31:00	87	01:30:44	84	M	49	MSNR	DERWENT AC COCKERMOUTH
867	KEVIN	MCADAM	87	01:31:02	88	01:30:49	85	M	50	MSNR	
1354	CHRIS	WEAR	88	01:31:07	89	01:30:58	86	M	26	M40	CUMBERLAND AC
877	MATTHEW	MCCARRY	89	01:31:25	91	01:31:14	87	M	51	MSNR	
460	CHRIS	FREER	90	01:31:28	90	01:31:07	88	M	27	M40	TRI-LAKELAND
1059	MICHAEL	POWELL	91	01:31:34	93	01:31:24	89	M	52	MSNR	
1431	MARK	IRVING	92	01:31:35	94	01:31:27	90	M	53	MSNR	SHEEPMOUNT RUNNING CLUB
102	STEVEN	BERRY	93	01:31:52	97	01:31:48	91	M	54	MSNR	CARLISLE TRI CLUB
466	CHRIS	FUNNELL	94	01:32:00	95	01:31:45	92	M	28	M40	
479	MAX	GARRARD	95	01:32:03	100	01:31:57	93	M	55	MSNR	
953	TERRY	MURDOCK	96	01:32:11	103	01:32:01	94	M	9	M50	
583	MARK	HAYTON	97	01:32:13	107	01:32:08	95	M	56	MSNR	
591	DALE	HEDLEY	98	01:32:14	98	01:31:53	96	M	57	MSNR	
1075	PHIL	RAE	99	01:32:16	106	01:32:07	97	M	29	M40	
46	ANDREW	BAILEY	100	01:32:20	105	01:32:06	98	M	58	MSNR	TRI LAKELAND
1236	VANESSA	STRICKLAND	102	01:32:29	109	01:32:18	3	F	2	F40	CARLISLE ASPATRIA
344	CHRIS	DEY	102	01:32:29	110	01:32:26	99	M	59	MSNR	
1270	HARRY	TELFORD	103	01:32:39	111	01:32:32	100	M	60	MSNR	
1546	DANIEL	MCVIETY	104	01:32:41	104	01:32:04	101	M	61	MSNR	

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949	PETER	MULLARKEY	105	01:32:46	100	01:31:57	102	M	10	M50	SALTWELL HARRIERS
1610	MATTHEW	BLU	106	01:32:47	113	01:32:37	103	M	62	MSNR	
98	TIM	BENNETT	107	01:32:53	77	01:30:06	104	M	30	M40	CITY OF LANCASTER TRIATHLON
931	LEE	MOORE	109	01:32:59	116	01:32:48	106	M	64	MSNR	
282	MARK	COLMAN	109	01:32:59	117	01:32:55	106	M	64	MSNR	CARLISLE TRI CLUB
470	MARTIN	GALLAGHER	110	01:33:03	96	01:31:46	107	M	65	MSNR	
838	MICHAEL	MANSBRIDGE	111	1:33:07	101	1:31:59	108	M	66	MSNR	
168	ANTONY	BRISCOE	112	1:33:10	118	1:32:59	109	M	11	M50	CUMBERLAND AC
484	LUKE	GAY	113	1:33:13	120	1:33:11	110	M	67	MSNR	
1381	PETER	WILKINSON	114	1:33:14	112	1:32:35	111	M	68	MSNR	
1401	VIV	WINTER	115	1:33:22	119	1:33:06	4	F	3	F40	DERWENT AC
814	MALCOLM	LYONS	116	1:33:28	121	1:33:14	112	M	31	M40	N/A
1597	TONY	HOLLIDAY	117	1:33:31	122	1:33:20	113	M	69	MSNR	
169	SIMON	BROATCH	118	1:33:38	103	1:32:01	114	M	70	MSNR	
743	JOHN	KIRKBRIDE	119	1:33:44	128	1:33:38	115	M	12	M50	
28	ADAM	ARMATA	120	1:33:52	129	1:33:40	116	M	71	MSNR	
1508	IAN	CARRICK	121	1:33:53	108	1:32:13	117	M	32	M40	
815	LORNA	MACDONALD	122	1:33:55	133	1:33:45	5	F	2	FSNR	MORPETH HARRIERS
1080	DANIEL	RANKINE	123	1:33:58	123	1:33:22	118	M	72	MSNR	
124	CARL	BLACKBURN	124	1:33:59	114	1:32:39	119	M	73	MSNR	
1450	STEPHEN	SEWELL	125	1:34:04	92	1:31:15	120	M	74	MSNR	
391	CLAIRE	ELLIMAN	126	1:34:10	133	1:33:45	6	F	3	FSNR	
813	CAZ	LYALL-FORD	128	1:34:13	125	1:33:29	7	F	4	F40	VEGAN RUNNERS
1160	MICHAEL	SELLARS	128	1:34:13	137	1:34:08	121	M	33	M40	BORDER HARRIERS
637	STUART	HOLT	129	1:34:22	126	1:33:36	122	M	75	MSNR	
354	STEVE	DOBBY	130	1:34:27	140	1:34:21	123	M	34	M40	BLYTH RC

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1108	JAMES	RITCHIE	131	1:34:28	135	1:34:01	124	M	76	MSNR	
1516	LINDSAY	MECHIE	132	1:34:29	135	1:34:01	125	M	35	M40	
1228	MICHAEL	STOREY	133	1:34:30	130	1:33:42	126	M	77	MSNR	DH RUNNERS
1250	NICK	SYMONDS	134	1:34:32	139	1:34:15	127	M	36	M40	
1084	PAUL	RAWLINSON	135	1:34:33	133	1:33:45	128	M	78	MSNR	
1272	JAMES	TENNANT	136	1:34:34	141	1:34:26	129	M	79	MSNR	
1515	CHRIS	CROOK	137	1:34:41	138	1:34:13	130	M	37	M40	
1505	DAVID	POSTILL	138	1:34:45	146	1:34:39	131	M	38	M40	CARLISLE TRI
325	HAZEL	DAVIES	139	1:34:54	147	1:34:41	8	F	5	F40	KESWICK AC
1565	KENNETH	BOWES	140	1:34:56	144	1:34:36	132	M	80	MSNR	NEWS AND STAR
1327	LINDSAY	WALKER	141	1:34:59	148	1:34:45	9	F	4	FSNR	
129	BENJAMIN	BLAIN	142	1:35:01	115	1:32:46	133	M	81	MSNR	
1389	ADRIAN	WILLS	143	1:35:05	143	1:34:35	134	M	82	MSNR	
900	JAMES	MCWHIR	144	1:35:09	124	1:33:27	135	M	39	M40	
753	WAYNE	LAIRD	145	1:35:16	154	1:35:08	136	M	83	MSNR	SANDS RUNNERS
733	RICHARD	KERSHAW	146	1:35:18	151	1:34:49	137	M	13	M50	
1442	JAMES	NEILE	147	1:35:20	142	1:34:30	138	M	84	MSNR	
587	NICK	HAYWARD	148	1:35:22	149	1:34:46	139	M	85	MSNR	
1199	ANDREW	SMITH	150	1:35:24	155	1:35:12	141	M	87	MSNR	
809	PETER	LONGRIGG	150	1:35:24	128	1:33:38	141	M	87	MSNR	
1443	TOMAS	ADRIAN	151	1:35:47	160	1:35:34	142	M	88	MSNR	
1575	JOHN	BARNES	152	1:35:51	163	1:35:44	143	M	89	MSNR	
1426	TOM	GREENWOOD	153	1:35:53	161	1:35:39	144	M	90	MSNR	
166	DANIEL	BREW	154	1:35:54	136	1:34:06	145	M	91	MSNR	
1349	CHARLES	WATSON	155	1:35:58	156	1:35:16	146	M	14	M50	
340	SIMON	DERMONT	156	1:36:00	162	1:35:40	147	M	40	M40	

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453	JAMIE	FOX	157	1:36:07	158	1:35:22	148	M	92	MSNR	
1221	MARTIN	STEELE	158	1:36:10	164	1:35:45	149	M	41	M40	
19	KEVIN	ALLEN	159	1:36:13	169	1:36:01	150	M	93	MSNR	
835	TOM	MANGHAM	160	1:36:15	158	1:35:22	151	M	94	MSNR	
1000	CHRISTOPHER	OWEN	161	1:36:26	152	1:34:51	152	M	95	MSNR	
673	ANTHONY	IRVING	162	1:36:27	166	1:35:51	153	M	96	MSNR	
1051	JASON	POLLOCK	163	1:36:31	171	1:36:22	154	M	42	M40	CARLISLE SHEEPMOUNT RC
1611	CORAL	MOWBRAY	164	1:36:41	173	1:36:31	10	F	5	FSNR	
1609	MICHAEL	FOSTER	165	1:36:42	174	1:36:32	155	M	97	MSNR	
1605	BEN	TICKLE	167	1:36:46	166	1:35:51	157	M	99	MSNR	
1566	JOHN	ANDREWARTHA	167	1:36:46	175	1:36:40	157	M	99	MSNR	EDEN RUNNERS
363	LIAM	DORAN	168	1:36:51	159	1:35:23	158	M	100	MSNR	
1436	PAUL	CECCHINI	169	1:36:57	178	1:36:49	159	M	15	M50	
732	KATIE	KERR	170	1:37:02	151	1:34:49	11	F	6	F40	
777	FERGUS	LEDINGHAM	171	1:37:10	167	1:35:56	160	M	101	MSNR	
894	ANGUS	MCMILLAN	172	1:37:17	184	1:37:09	161	M	16	M50	
1598	OLI	BURNS	173	1:37:21	182	1:37:05	162	M	43	M40	
928	DAVID	MOONEY	174	1:37:39	187	1:37:24	163	M	44	M40	TEAM MOONERTY
515	MICHAEL	GRAHAM	175	1:37:45	180	1:36:55	164	M	17	M50	LOW FELL RC
1226	LUCY	STOBBART	176	1:37:47	191	1:37:41	12	F	6	FSNR	
947	JOHN	MOYLAN	177	1:37:56	192	1:37:44	165	M	102	MSNR	
677	RYAN	IVISON	178	1:37:57	181	1:36:56	166	M	45	M40	
1553	ALAN	NIXON	179	1:37:58	184	1:37:09	167	M	18	M50	
419	ADAM	FERRIER	180	1:37:59	195	1:37:49	168	M	103	MSNR	
1374	MARK	WIGHTMAN	181	1:38:02	196	1:37:53	169	M	104	MSNR	
226	BARBARA	CARRICK	182	1:38:03	197	1:37:55	13	F	7	F40	

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1586	CRAIG	BURNER	183	1:38:04	172	1:36:28	170	M	105	MSNR	
920	SPENCER	MILLER	184	1:38:05	176	1:36:42	171	M	106	MSNR	
1511	ALAN	GRANT	185	1:38:07	194	1:37:48	172	M	46	M40	
902	RAFAEL	MEDINA	186	1:38:10	153	1:34:59	173	M	107	MSNR	
233	CAMERON	CARRUTHERS	187	1:38:16	145	1:34:38	174	M	108	MSNR	
463	DANIEL	FRICKER	188	1:38:17	190	1:37:37	175	M	109	MSNR	
714	CARL	JUDGE	189	1:38:18	171	1:36:22	176	M	110	MSNR	
1513	ALEXANDER	MACLEOD	190	1:38:23	198	1:38:01	177	M	47	M40	
1446	WARREN	MATTHEWS	192	1:38:24	202	1:38:15	179	M	48	M40	
76	NEIL	BARWISE	192	1:38:24	168	1:35:59	179	M	111	MSNR	
38	ALISON	ASPINALL	193	1:38:27	200	1:38:02	14	F	7	FSNR	
903	TERESA	MEDLEY	194	1:38:36	204	1:38:23	15	F	8	F40	BORDER HARRIERS
218	ALASDAIR	CAMPBELL	195	1:38:42	177	1:36:48	180	M	112	MSNR	
755	LUCY	LAMB	196	1:38:44	206	1:38:29	16	F	8	FSNR	
1001	MATHEW	OWEN	198	1:38:48	185	1:37:13	182	M	114	MSNR	
211	ADAM	CAIRNS	198	1:38:48	208	1:38:34	182	M	114	MSNR	
897	GEORGIE	MCROBERTS	199	1:38:53	201	1:38:12	17	F	9	FSNR	
518	TOM	GRANT	200	1:38:57	205	1:38:26	183	M	115	MSNR	
909	PETER	MENZIES	201	1:39:02	207	1:38:31	184	M	49	M40	
988	JOHN	OKEY	202	1:39:07	214	1:38:52	185	M	50	M40	
857	COLIN	MATHIESON	203	1:39:10	218	1:39:02	186	M	3	M60	FIFE AC
1357	WAYNE	WEDGWOOD	204	1:39:11	179	1:36:52	187	M	116	MSNR	
1434	GARETH	LEE	206	1:39:16	210	1:38:41	189	M	118	MSNR	
376	ALLAN	DUNBAR	206	1:39:16	209	1:38:36	189	M	118	MSNR	
516	DARREN	GRAINGER	207	1:39:17	187	1:37:24	190	M	119	MSNR	
173	MARC	BROWN	208	1:39:20	215	1:38:59	191	M	120	MSNR	



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839	CRAIG	MARKS	209	1:39:22	222	1:39:07	192	M	121	MSNR	
472	PAUL	GARDINER	210	1:39:23	220	1:39:03	193	M	122	MSNR	
1205	MICHAEL	SOUTHAM	211	1:39:24	226	1:39:18	194	M	123	MSNR	
1438	ALAN	YOUNG	212	1:39:28	221	1:39:05	195	M	124	MSNR	CARLISLE SHEEPMOUNT RC
552	JOHN	HANNAH	213	1:39:32	218	1:39:02	196	M	19	M50	
298	SOPHIA	CRAIG	214	1:39:33	188	1:37:25	18	F	9	F40	
1536	BRUCE	WALKER	215	1:39:43	233	1:39:39	197	M	20	M50	
1525	CHRIS	DOVE	216	1:39:53	189	1:37:33	198	M	51	M40	
69	MARK	BARRASS	220	1:39:56	234	1:39:40	201	M	21	M50	
1064	DAWN	PRITCHARD	220	1:39:56	233	1:39:39	19	F	10	F40	TRI-LAKELAND
1070	ANDREW	PYE	220	1:39:56	193	1:37:47	201	M	125	MSNR	
112	DAVID	BILLINGTON	220	1:39:56	228	1:39:29	201	M	52	M40	CARLISLE-ASPATRIA AC
545	SHARON	HALLIBURTON	221	1:40:00	220	1:39:03	20	F	11	F40	
54	JASON	BALLINGER	222	1:40:04	214	1:38:52	202	M	53	M40	
1428	JAMES	IRVING	223	1:40:08	235	1:39:48	203	M	126	MSNR	CARLISLE TRI
1613	GRAHAM	LEGGETT	224	1:40:09	211	1:38:47	204	M	54	M40	CUMBERLAND AC
1542	TOM	ANDERSON	225	1:40:10	200	1:38:02	205	M	127	MSNR	TRI CLUB
784	MILLIE	LEPIC	226	1:40:13	216	1:39:01	21	F	10	FSNR	
1447	HARROLD	PIPSE	228	1:40:15	229	1:39:36	207	M	129	MSNR	CARLISLE TRI
1445	GARY	DIXON	228	1:40:15	230	1:39:37	207	M	129	MSNR	CARLISLE TRI
992	JONATHAN	ODDY	229	1:40:16	237	1:39:53	208	M	130	MSNR	
762	JENNIFER	LAPPING	231	1:40:21	227	1:39:27	22	F	11	FSNR	
1101	DAVID	RICE	231	1:40:21	223	1:39:08	209	M	131	MSNR	KESWICK AC
837	ROBERT	MANSBRIDGE	232	1:40:23	225	1:39:15	210	M	132	MSNR	
689	NEIL	JAMIESON	234	1:40:28	245	1:40:23	212	M	4	M60	CARLISLE TRI CLUB
1591	JAMIE	FERGUSON	234	1:40:28	231	1:39:38	212	M	133	MSNR	SALTWELL HARRIERS

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1102	PAUL	RICHARDSON	235	1:40:32	236	1:39:52	213	M	55	M40	
1112	DAVID	ROBERTS	238	1:40:37	203	1:38:17	216	M	22	M50	BLYTH
702	PHILIP	JOHNSTON	238	1:40:37	246	1:40:24	216	M	135	MSNR	ALLENVALLEY STRIDERS
1220	DM	STEEL	238	1:40:37	239	1:40:00	216	M	135	MSNR	
625	JULIE	HODGSON	239	1:40:41	249	1:40:34	23	F	1	F50	NEW MARSKE HARRIERS
74	STUART	BARTIE	240	1:40:52	241	1:40:10	217	M	136	MSNR	
116	LIAM	BIRD	241	1:40:53	212	1:38:49	218	M	137	MSNR	
728	PETER	KENNEDY	242	1:41:11	251	1:40:59	219	M	138	MSNR	
422	JAMES	FIELD	244	1:41:25	256	1:41:08	221	M	140	MSNR	
1019	ROBERT	PATERSON	244	1:41:25	238	1:39:58	221	M	140	MSNR	
478	SUZANNE	GARNETT	245	1:41:27	255	1:41:06	24	F	12	FSNR	
312	MICHAEL	CUNNINGHAM	247	1:41:37	264	1:41:25	222	M	141	MSNR	
1578	ALEX	STEWART	247	1:41:37	260	1:41:12	25	F	12	F40	
986	DAVID	NORMAN	248	1:41:40	259	1:41:09	223	M	142	MSNR	
498	JAMES	GORMAN	249	1:41:47	242	1:40:17	224	M	143	MSNR	
1090	MICHAEL	REED	250	1:41:50	266	1:41:35	225	M	144	MSNR	
1500	S	LIGHTFOOT	252	1:41:51	261	1:41:16	226	M	145	MSNR	
365	JILL	DOUGHERTY	252	1:41:51	247	1:40:29	26	F	13	F40	
528	DAVID	GREENWOOD	254	1:41:57	250	1:40:57	228	M	147	MSNR	
1347	MIKE	WARWICK	254	1:41:57	274	1:41:53	228	M	147	MSNR	
756	DAVID	LAMB	255	1:42:02	240	1:40:05	229	M	23	M50	
185	DAVID	BUFFHAM	256	1:42:07	263	1:41:19	230	M	24	M50	PONTELAND RUNNERS
1308	FRANCES	VARIAN	258	1:42:08	271	1:41:49	27	F	13	FSNR	
239	JOSEPH	CASEY	258	1:42:08	271	1:41:49	231	M	148	MSNR	
830	FAYE	MALKINSON	259	1:42:10	269	1:41:43	28	F	14	FSNR	
1100	STEVE	REYNOLDS	260	1:42:13	225	1:39:15	232	M	149	MSNR	

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1310	SAM	VERRY	261	1:42:16	275	1:41:55	233	M	150	MSNR	
794	ANNA	LIGHTFOOT	262	1:42:18	267	1:41:41	29	F	15	FSNR	
1523	MICHAEL	NELSON	263	1:42:22	281	1:42:12	234	M	151	MSNR	
59	RICHARD	BARKER	264	1:42:27	281	1:42:12	235	M	25	M50	
980	MARK	NICHOLSON	265	1:42:28	262	1:41:18	236	M	152	MSNR	
943	DAVID	MOSSOP	266	1:42:32	259	1:41:09	237	M	56	M40	
723	PHIL	KEMP	267	1:42:47	286	1:42:30	238	M	57	M40	
1230	TARA	STOTT	268	1:42:49	278	1:42:02	30	F	16	FSNR	LOW FELL
1192	IAN	SMITH	269	1:42:55	248	1:40:30	239	M	153	MSNR	
1045	BRUCE	PILLING	270	1:43:04	244	1:40:21	240	M	58	M40	
399	JOHN	EVANS	271	1:43:08	284	1:42:22	241	M	59	M40	
749	CHRIS	KNOX	273	1:43:12	243	1:40:18	242	M	26	M50	CARLISLE SHEEPMOUNT RUNNING CL
57	SARA	BARBER	273	1:43:12	283	1:42:18	31	F	14	F40	
759	WILLIAM	LANE	274	1:43:17	269	1:41:43	243	M	60	M40	
974	HELEN	NEWTON	275	1:43:18	299	1:43:07	32	F	17	FSNR	KENDAL AC
1607	DANIEL	NICHOLSON	276	1:43:22	278	1:42:02	244	M	154	MSNR	
1399	NICK	WILSON	277	1:43:28	298	1:43:06	245	M	27	M50	TYNEDALE HARRIERS
423	KATE	FIELDING	278	1:43:31	301	1:43:18	33	F	18	FSNR	
190	CLIVE	BURKINSHAW	279	1:43:34	296	1:42:56	246	M	155	MSNR	
396	VICTORIA	EMERY	280	1:43:35	291	1:42:42	34	F	19	FSNR	ADAC
1551	PETER	WEAVING	281	1:43:38	302	1:43:24	247	M	28	M50	
359	WILLIAM	DOIDGE	282	1:43:43	294	1:42:52	248	M	5	M60	LOW FELL R C
167	CLARE	BREWIS	283	1:43:44	295	1:42:53	35	F	20	FSNR	LOW FELL RUNNING CLUB
658	IAN	HUNTER	284	1:43:45	298	1:43:06	249	M	156	MSNR	
5	KELVIN	WOOD	285	1:43:50	310	1:43:44	250	M	61	M40	
559	TOBY	HARLING	286	1:43:56	305	1:43:29	251	M	157	MSNR	BORDER HARRIERS

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96	EILIDH	BELSHAM	288	1:43:59	308	1:43:41	36	F	21	FSNR	
72	OWEN	BARRETT	288	1:43:59	309	1:43:43	252	M	158	MSNR	
92	MATT	BEGG	289	1:44:00	293	1:42:44	253	M	159	MSNR	DH RUNNERS
1385	RICHARD	WILLIAMS	290	1:44:02	272	1:41:51	254	M	160	MSNR	
1582	WAYNE	MURRAY	291	1:44:07	279	1:42:08	255	M	62	M40	
985	EMMA	NIELSEN	292	1:44:10	287	1:42:32	37	F	15	F40	
1009	CRAIG	PARKINSON	293	1:44:11	282	1:42:15	256	M	29	M50	
213	CLAIRE	CALVERLEY	294	1:44:12	274	1:41:53	38	F	22	FSNR	BLYTH RUNNING CLUB
1502	RICHARD	DOUGLAS	295	1:44:17	319	1:43:59	257	M	63	M40	
1002	TRACEY	OWEN	296	1:44:18	320	1:44:00	39	F	23	FSNR	CUMBERLAND AC
554	ERRICK	HANNAH	297	1:44:19	315	1:43:55	258	M	30	M50	CUMBERLAND AC
1314	STEVE	VINEY	298	1:44:21	290	1:42:39	259	M	6	M60	
744	PETER	KIRKBRIDE	299	1:44:24	325	1:44:10	260	M	7	M60	
653	BARRY	HUITSON	301	1:44:29	314	1:43:49	262	M	161	MSNR	
195	DAVID	BURNS	301	1:44:29	276	1:41:57	262	M	64	M40	
691	GARY	JAMIESON	302	1:44:40	307	1:43:32	263	M	162	MSNR	
93	PHIL	BELL	304	1:44:44	300	1:43:15	265	M	164	MSNR	
712	ANDREW	JORDAN	304	1:44:44	290	1:42:39	265	M	164	MSNR	
1197	JOSHUA	SMITH	306	1:44:50	306	1:43:30	267	M	166	MSNR	
690	DANIEL	JAMIESON	306	1:44:50	252	1:41:02	267	M	166	MSNR	
1139	JAMIE	RUTHERFORD	307	1:44:52	254	1:41:05	268	M	167	MSNR	
1531	LISA	POWE	308	1:44:54	305	1:43:29	40	F	16	F40	
664	DANIEL	INGAMELLS	310	1:44:55	259	1:41:09	269	M	168	MSNR	
1287	FIONA	TODD	310	1:44:55	333	1:44:41	41	F	17	F40	
1402	ZOE	WINTER	311	1:45:05	329	1:44:27	42	F	24	FSNR	
1058	RICHARD	POTTER	312	1:45:06	322	1:44:05	270	M	169	MSNR	

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151	MARK	BOWRON	313	1:45:12	303	1:43:27	271	M	170	MSNR	
1039	DAMIAN	PIASECZNY	315	1:45:18	292	1:42:43	273	M	172	MSNR	
115	MARK	BIRCH	315	1:45:18	323	1:44:06	273	M	172	MSNR	
1342	ELLIOTT	WARD	316	1:45:23	331	1:44:36	274	M	65	M40	PONTELAND RUNNERS
788	NICK	LEYLAND	317	1:45:25	266	1:41:35	275	M	173	MSNR	
1190	KATIE	SMALL	318	1:45:26	339	1:45:03	43	F	25	FSNR	
921	TONY	MILLS	319	1:45:31	313	1:43:48	276	M	66	M40	DH RUNNERS
477	PETER	GARNETT	320	1:45:33	342	1:45:11	277	M	8	M60	BORDER HARRIERS
952	RACHEL	MUMBERSON	321	1:45:34	337	1:44:57	44	F	26	FSNR	
502	SARAH	GOULDING	322	1:45:37	254	1:41:05	45	F	27	FSNR	
999	SAM	OSGERBY	323	1:45:44	325	1:44:10	278	M	174	MSNR	
1548	CARMEL	BONES	324	1:45:45	351	1:45:32	46	F	18	F40	
1560	GEORGE	BENNETT	325	1:45:47	285	1:42:26	279	M	175	MSNR	
654	SIMON	HUMPHRIES	326	1:45:49	327	1:44:26	280	M	67	M40	
36	NICOLA	ASHBRIDGE	327	1:45:51	351	1:45:32	47	F	28	FSNR	
914	JAROSLAW	MIGAWA	328	1:45:54	355	1:45:39	281	M	68	M40	
285	TRACY	CONNOR	329	1:45:57	345	1:45:19	48	F	19	F40	
859	YORIKO	MATSUDA-CHAPMAN	330	1:45:59	356	1:45:42	49	F	2	F50	KOMAZAWA JOGGING CLUB, TOKYO
521	STEPHEN	GRAY	331	1:46:00	353	1:45:36	282	M	69	M40	
133	ALAN	BLIGHT	332	1:46:08	334	1:44:44	283	M	31	M50	
1398	JENNIFER	WILSON	333	1:46:09	344	1:45:17	50	F	29	FSNR	
720	LUKE	KELLY	334	1:46:12	329	1:44:27	284	M	176	MSNR	
906	MIKE	MELVILLE	335	1:46:14	317	1:43:56	285	M	177	MSNR	
525	ANTHONY	GRAY	336	1:46:15	347	1:45:26	286	M	178	MSNR	
1181	EMMA	SIDWELL	337	1:46:19	348	1:45:27	51	F	30	FSNR	
1544	STEVEN	MCCUBBING	338	1:46:21	360	1:45:47	287	M	70	M40	

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1238	PHIL	STURGESS	339	1:46:24	363	1:45:55	288	M	71	M40	
1225	SHANE	STOBART	340	1:46:25	336	1:44:49	289	M	179	MSNR	
641	WAYNE	HORSLEY	341	1:46:34	333	1:44:41	290	M	180	MSNR	
290	BRIAN	CORKHILL	342	1:46:36	312	1:43:46	291	M	72	M40	
342	SHAUNAK	DEHPANDE	343	1:46:40	290	1:42:39	292	M	181	MSNR	
1020	STEVE	PATTISON	344	1:46:44	384	1:46:32	293	M	32	M50	
159	JAMES	BRADY	345	1:46:45	321	1:44:01	294	M	182	MSNR	
1087	REBECCA	RAYNOR	346	1:46:46	351	1:45:32	52	F	31	FSNR	
1414	SARAH	WRIGHT	348	1:46:47	383	1:46:31	53	F	32	FSNR	
1038	PAUL	PHILLIPS	348	1:46:47	318	1:43:58	295	M	73	M40	
1364	JASON	WEST	349	1:46:48	326	1:44:17	296	M	74	M40	
1509	BILLIE JO	DODD	350	1:46:49	317	1:43:56	54	F	33	FSNR	
1134	ALISTAIR	RUSHOLME	352	1:46:50	392	1:46:43	298	M	184	MSNR	
490	DANIEL	GILL	352	1:46:50	343	1:45:12	298	M	184	MSNR	
817	DAVID	MACGILLIVRAY	354	1:46:54	374	1:46:16	300	M	33	M50	
1015	ANDY	PATCHETT	354	1:46:54	358	1:45:43	300	M	75	M40	
1116	STUART	ROBERTSON	355	1:47:02	312	1:43:46	301	M	185	MSNR	
90	KAREN	BECKWITH	356	1:47:03	336	1:44:49	55	F	34	FSNR	
748	STEPHEN	KISZOW	357	1:47:04	339	1:45:03	302	M	186	MSNR	SUNDERLAND STROLLERS
1127	SIMONE	ROUSE	358	1:47:05	362	1:45:50	56	F	35	FSNR	DH RUNNERS
329	DOMINIC	DAVIS	359	1:47:08	395	1:46:47	303	M	187	MSNR	
1044	MATT	PILKINGTON	360	1:47:10	386	1:46:37	304	M	188	MSNR	
175	ANGELA	BROWN	361	1:47:13	392	1:46:43	57	F	20	F40	
113	COLIN	BINNIE	362	1:47:14	379	1:46:25	305	M	189	MSNR	
1172	MICHAEL	SHAW	363	1:47:15	383	1:46:31	306	M	34	M50	BRJ RUN AND TRI
613	ANDY	HICKSON	364	1:47:17	370	1:46:06	307	M	35	M50	

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1409	JOHN	WOOLRIDGE	365	1:47:18	366	1:46:01	308	M	9	M60	
1300	CHARLIE	TURNBULL	366	1:47:20	359	1:45:44	58	F	36	FSNR	
783	MIRIAM	LEONARD	367	1:47:23	399	1:47:02	59	F	37	FSNR	
572	MARK	HARVEY	368	1:47:24	372	1:46:10	309	M	76	M40	
1071	DARRYL	QUANTZ	369	1:47:29	401	1:47:07	310	M	77	M40	
70	KELLY	BARRATT	370	1:47:38	368	1:46:05	60	F	38	FSNR	
676	DAVID	IVINSON	371	1:47:42	381	1:46:30	311	M	190	MSNR	
1113	MATTHEW	ROBERTS	374	1:47:51	392	1:46:43	314	M	191	MSNR	
1448	DAVID	LAVERY	374	1:47:51	400	1:47:04	314	M	79	M40	
940	GEOFF	MOSS	374	1:47:51	412	1:47:44	314	M	79	M40	
1617	JOHN	KEIR	375	1:47:59	367	1:46:02	315	M	192	MSNR	
374	GRAEME	DUGUID	376	1:48:02	340	1:45:05	316	M	193	MSNR	
1169	PHILIP	SHARPLES	377	1:48:07	414	1:47:50	317	M	194	MSNR	
936	PETER	MORLEY	378	1:48:08	358	1:45:43	318	M	80	M40	
1561	RAYMOND	STEPHENSON	379	1:48:09	372	1:46:10	319	M	81	M40	
800	CRAIG	LITTLE	380	1:48:11	402	1:47:09	320	M	195	MSNR	
262	IAN	CLAY	381	1:48:13	346	1:45:23	321	M	196	MSNR	
1285	KRISTIAN	TJEMSLAND	382	1:48:15	389	1:46:41	322	M	197	MSNR	
1380	ANDREW	WILKINSON	384	1:48:18	405	1:47:15	324	M	36	M50	
455	CHRIS	FRANCIS	384	1:48:18	419	1:48:19	324	M	10	M60	TYNEDALE HARRIERS & AC
386	MICHAEL	EDGAR	385	1:48:22	341	1:45:07	325	M	198	MSNR	
1533	GEORGIE	LOWRY	386	1:48:23	396	1:46:53	61	F	39	FSNR	
265	BARRY	CLIFFORD	387	1:48:27	364	1:45:58	326	M	199	MSNR	
443	LIZ	FORSYTH	388	1:48:31	404	1:47:13	62	F	21	F40	MUCKLE TOON JOGGERS
315	BOBBY	CURWEN	390	1:48:34	398	1:46:58	327	M	200	MSNR	
1527	CAROLYN	MILLICAN	390	1:48:34	403	1:47:11	63	F	40	FSNR	BORDER HARRIERS

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717	IAN	KEAL	391	1:48:37	330	1:44:33	328	M	82	M40	
513	ZOE	GRAHAM	392	1:48:42	362	1:45:50	64	F	41	FSNR	
596	BRUCE	HELME	393	1:48:43	415	1:47:55	329	M	201	MSNR	
182	ELEANOR	BUCK	394	1:48:44	354	1:45:37	65	F	42	FSNR	
1098	IAN	REID	395	1:48:45	380	1:46:26	330	M	202	MSNR	
1092	ANDREW	REED	396	1:48:46	352	1:45:34	331	M	203	MSNR	DUMFRIES RUNNING CLUB
546	MELODY	HAMILTON	397	1:48:54	425	1:48:35	66	F	3	F50	
772	COLIN	LE VOI	398	1:48:58	428	1:48:39	332	M	37	M50	
863	MICHAEL	MAXWELL	399	1:48:59	395	1:46:47	333	M	204	MSNR	
1410	PAUL	WREN	400	1:49:00	416	1:48:01	334	M	83	M40	
24	ALISON	ANDREW	401	1:49:04	422	1:48:29	67	F	22	F40	CUMBERLAND AC
183	IMOGEN	BUCK	403	1:49:08	366	1:46:01	68	F	43	FSNR	
247	MARK	CHANDLER	403	1:49:08	411	1:47:43	335	M	205	MSNR	
824	WILL	MAGINN	404	1:49:11	409	1:47:37	336	M	206	MSNR	
1135	WILLIAM	RUSHTON	405	1:49:18	373	1:46:13	337	M	207	MSNR	
154	STEPHEN	BRADLEY	406	1:49:24	406	1:47:24	338	M	38	M50	
1207	GRAEME	SPENCER	407	1:49:30	378	1:46:23	339	M	84	M40	SOUTH CHESHIRE HARRIERS
1563	ANDREW	WHITHAM	408	1:49:41	397	1:46:56	340	M	208	MSNR	
410	SUSAN	FAWKES	410	1:49:42	408	1:47:36	70	F	44	FSNR	DH RUNNERS
735	JOANNE	KEY	410	1:49:42	417	1:48:02	70	F	23	F40	
1405	STEFAN	WISE	411	1:49:45	389	1:46:41	341	M	209	MSNR	
160	STEVEN	BRAGG	412	1:49:46	429	1:48:46	342	M	210	MSNR	
156	JONATHAN	BRADLEY	413	1:49:48	430	1:48:48	343	M	211	MSNR	
686	STEVEN	JACKSON	414	1:49:52	385	1:46:33	344	M	212	MSNR	
1216	SAM	STARMER	415	1:49:55	407	1:47:34	345	M	213	MSNR	
1273	VICTOR	TEWKESBURY	417	1:49:58	370	1:46:06	347	M	215	MSNR	



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684	STUART	JACKSON	417	1:49:58	387	1:46:39	347	M	215	MSNR	
370	CARL	DOWELL	418	1:50:01	393	1:46:45	348	M	216	MSNR	
1283	PAUL	TIERNEY	419	1:50:02	427	1:48:38	349	M	217	MSNR	
157	CLAIRE	BRADLEY	421	1:50:03	431	1:48:55	71	F	24	F40	
221	CALLUM	CANNON	421	1:50:03	444	1:49:39	350	M	218	MSNR	
1388	RAYMOND	WILLIAMSON	422	1:50:05	413	1:47:45	351	M	39	M50	
1444	COLIN	THOMPSON	423	1:50:07	449	1:49:50	352	M	219	MSNR	
48	PHILL	BAIRD	424	1:50:08	442	1:49:28	353	M	85	M40	
797	PAUL	LINDSAY	425	1:50:10	377	1:46:17	354	M	40	M50	
680	LISA	JACKSON	428	1:50:24	377	1:46:17	72	F	45	FSNR	
1367	STEPHEN	WHITE	428	1:50:24	456	1:50:09	356	M	86	M40	
965	DUNCAN	NAVEN	428	1:50:24	377	1:46:17	356	M	220	MSNR	
1025	BRIAN	PEARCE	429	1:50:42	446	1:49:41	357	M	87	M40	
333	GARY	DEMPSEY	430	1:50:44	434	1:49:01	358	M	221	MSNR	BLACKHILL BOUNDERS
1062	JAMIE	PRESTON	431	1:50:47	439	1:49:19	359	M	222	MSNR	
848	DAVID	MARTIN	432	1:50:48	439	1:49:19	360	M	223	MSNR	
299	SARAH	CRAKE	433	1:50:51	421	1:48:22	73	F	46	FSNR	
1521	LEANNE	NORRIS	434	1:50:52	464	1:50:25	74	F	47	FSNR	CARLISLE TRI
108	ANDY	BICKNELL	435	1:50:53	436	1:49:14	361	M	88	M40	
1161	DANIELLE	SEXTON	436	1:50:55	410	1:47:41	75	F	48	FSNR	
1258	KIRK	TAYLOR	437	1:50:58	418	1:48:08	362	M	224	MSNR	
523	JILL	GRAY	440	1:51:01	463	1:50:22	76	F	4	F50	
1547	DAVID	JAMIESON	440	1:51:01	473	1:50:55	364	M	89	M40	CARLISLE TRI CLUB
972	ANDY	NELSON	440	1:51:01	443	1:49:38	364	M	41	M50	CARLISLE SHEEPMOUNT RC
872	BRENDAN	MCARDLE	441	1:51:04	458	1:50:12	365	M	90	M40	
100	PETER	BENNETT	442	1:51:14	425	1:48:35	366	M	91	M40	

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277	CHRIS	COLLETT	443	1:51:23	452	1:49:58	367	M	92	M40	
644	CLARE	HOUGHTO	444	1:51:26	437	1:49:18	77	F	5	F50	
1254	SCOTT	TAYLOR	445	1:51:29	448	1:49:49	368	M	93	M40	
865	MARK	MC CREADY	446	1:51:31	453	1:50:02	369	M	225	MSNR	
711	STEPHEN	JOPSON	447	1:51:33	471	1:50:52	370	M	226	MSNR	
1562	DAVID	TUCK	448	1:51:40	446	1:49:41	371	M	94	M40	
722	ROSLYN	KELSEY	449	1:51:47	457	1:50:11	78	F	49	FSNR	
341	DANIEL	DESBOROUGH	450	1:51:49	447	1:49:47	372	M	227	MSNR	
395	CHRIS	EMERSON	451	1:51:51	421	1:48:22	373	M	228	MSNR	
86	CHRISTOPHER	BAYLISS	452	1:51:56	461	1:50:19	374	M	42	M50	
368	PETER	DOUTHWAITE	453	1:52:05	454	1:50:06	375	M	229	MSNR	
1259	STEPHEN	TAYLOR	454	1:52:16	433	1:48:59	376	M	43	M50	
230	NICOLA	CARRUTHERS	456	1:52:19	489	1:51:42	80	F	51	FSNR	CARLISLE TRI CLUB
615	REBECCA	HILLAND	456	1:52:19	473	1:50:55	80	F	51	FSNR	
248	DAVID	CHAPMAN	457	1:52:20	455	1:50:08	377	M	95	M40	
1441	LIAM	FORSYTH	458	1:52:21	484	1:51:31	378	M	230	MSNR	
747	DEAN	KIRSOPP	459	1:52:22	451	1:49:56	379	M	231	MSNR	
263	ALLEN	CLEMENT	461	1:52:23	481	1:51:24	380	M	44	M50	
1386	HELEN	WILLIAMS	461	1:52:23	426	1:48:37	81	F	52	FSNR	ELVET STRIDERS
1147	DAVID	SCATTERGOOD	462	1:52:28	435	1:49:09	381	M	96	M40	
181	JOHN	BUCK	463	1:52:29	441	1:49:22	382	M	45	M50	
219	PETER	CAMPBELL	464	1:52:32	459	1:50:16	383	M	46	M50	BORDER HARRIERS
640	DAVID	HORNE	465	1:52:38	492	1:51:52	384	M	47	M50	NORTH YORKS POLICE AC
1528	JULIE	STORY	466	1:52:43	465	1:50:37	82	F	25	F40	DH RUNNERS
237	ANDREW	CARTER	467	1:52:46	450	1:49:51	385	M	232	MSNR	
119	ANNA	BIRSCHER	468	1:52:51	495	1:52:12	83	F	26	F40	

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1201	MARK	SMITH	469	1:52:53	486	1:51:35	386	M	48	M50	
1282	DAN	THWAITES	470	1:52:55	478	1:51:20	387	M	233	MSNR	
1377	FRANK	WILKINSON	471	1:52:56	482	1:51:28	388	M	49	M50	
16	CHARLOTTE	ALCOCK	472	1:53:00	499	1:52:19	84	F	6	F50	
1557	GODJA	FLAVIUS	474	1:53:06	425	1:48:35	389	M	234	MSNR	
1034	JOANNE	PERCIVAL	474	1:53:06	519	1:53:00	85	F	27	F40	CUMBERLAND AC
1595	GEMMA	CARTER	476	1:53:07	499	1:52:19	86	F	53	FSNR	
307	HENRY	CUMBERS	476	1:53:07	440	1:49:21	390	M	235	MSNR	
1130	SHAUN	ROWLEY	477	1:53:14	501	1:52:21	391	M	97	M40	
957	SHEENA	MURRAY	478	1:53:16	513	1:52:47	87	F	7	F50	
543	CAMERON	HALL	479	1:53:17	518	1:52:58	392	M	236	MSNR	
493	ROY	GLENDINNING	480	1:53:19	474	1:50:57	393	M	98	M40	
1213	CHRIS	STAPLEY	481	1:53:22	505	1:52:26	394	M	50	M50	
252	TAMSYN	CHARTERS	482	1:53:23	505	1:52:26	88	F	54	FSNR	
1437	DAVID	HARRIS	483	1:53:25	480	1:51:22	395	M	237	MSNR	
778	NATHANIEL	LEE	484	1:53:30	508	1:52:35	396	M	238	MSNR	
695	LEE	JARDINE	485	1:53:33	433	1:48:59	397	M	239	MSNR	
437	MICHAEL	FORDYCE	486	1:53:40	467	1:50:40	398	M	51	M50	
409	LUCY	FAWCETT	487	1:53:41	494	1:52:03	89	F	55	FSNR	
1559	ALISTAIR	JACKSON	489	1:53:42	497	1:52:14	400	M	100	M40	
967	ANDREW	NEAL	489	1:53:42	470	1:50:50	400	M	100	M40	
1403	DANIEL	WISE	490	1:53:43	466	1:50:39	401	M	240	MSNR	CUMBERLAND AFC
561	CRAIG	HARPER	491	1:53:45	479	1:51:21	402	M	241	MSNR	
1608	PETER	WALKER	493	1:53:47	514	1:52:51	404	M	243	MSNR	
176	GARETH	BROWN	493	1:53:47	506	1:52:31	404	M	243	MSNR	
389	SARAH JANE	EDWARDS	494	1:53:54	521	1:53:21	90	F	28	F40	CUMBERLAND AC

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710	MICHAEL	JONES	496	1:53:56	539	1:53:44	406	M	245	MSNR	
214	MATTHEW	CAMERON	496	1:53:56	491	1:51:50	406	M	245	MSNR	
927	RYAN	MOODY	497	1:54:04	545	1:53:51	407	M	246	MSNR	
411	CAROLE	FEARON	498	1:54:05	528	1:53:24	91	F	56	FSNR	
458	LUKE	FRANKLIN	499	1:54:06	502	1:52:22	408	M	247	MSNR	
1577	RICHARD	MCDUGAL	500	1:54:09	487	1:51:37	409	M	11	M60	DUMFRIES
1076	VICKY	RAFFLES	501	1:54:14	475	1:50:59	92	F	57	FSNR	
351	CHRIS	DITCHBURN	503	1:54:15	530	1:53:27	411	M	249	MSNR	
779	TIM	LEE	503	1:54:15	516	1:52:54	411	M	249	MSNR	
861	DOMINIQUE	MAUGER	504	1:54:19	507	1:52:33	93	F	58	FSNR	
473	JILL	GARDINER	505	1:54:20	509	1:52:36	94	F	59	FSNR	
446	GUY	FOSTER	506	1:54:22	550	1:53:57	412	M	52	M50	
63	NICOLAS	BARNES	507	1:54:26	517	1:52:56	413	M	250	MSNR	
1351	ANGELA	WATSON	508	1:54:28	529	1:53:25	95	F	60	FSNR	
1027	AMY	PEARMAN	510	1:54:30	462	1:50:21	97	F	61	FSNR	
1350	MARJORIE	WATSON	510	1:54:30	547	1:53:52	97	F	29	F40	
1332	JAMES	WALSH	511	1:54:33	520	1:53:01	414	M	251	MSNR	
849	ROSIE	MASON	512	1:54:34	505	1:52:26	98	F	62	FSNR	
1022	KIMBERLEY	PATTISON	513	1:54:35	557	1:54:10	99	F	63	FSNR	
1564	KELLIE	BRADBURN-SIMS	514	1:54:36	554	1:54:06	100	F	30	F40	HOWGILL HARRIER
782	HARRY	LEIGHTON	516	1:54:40	554	1:54:06	416	M	252	MSNR	
1245	ANDREW	SUMNER	516	1:54:40	485	1:51:34	416	M	101	M40	
15	NATHANIEL	ALABASTER	517	1:54:41	532	1:53:31	417	M	253	MSNR	
1400	CHRISTOPHER	WINSPEAR	518	1:54:43	548	1:53:53	418	M	53	M50	
1345	STEPHEN	WARWICK	521	1:54:45	538	1:53:41	421	M	103	M40	
1159	ANDREW	SEFTON	521	1:54:45	528	1:53:24	421	M	103	M40	

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<b>BIB</b>	<b>FORENAME</b>	<b>SURNAME</b>	<b>RANK</b>	<b>GUN TIME</b>	<b>CHIP RANK</b>	<b>CHIP TIME</b>	<b>GEN POS</b>	<b>GENDER</b>	<b>CAT POS</b>	<b>CATEGORY</b>	<b>CLUB</b>
1125	MICHAEL	ROSS	521	1:54:45	493	1:51:55	421	M	254	MSNR	
917	STUART	MILLER	522	1:54:46	460	1:50:18	422	M	255	MSNR	
281	TIM	COLLINS	523	1:54:47	562	1:54:17	423	M	104	M40	
969	EMILY	NEIL	525	1:54:49	568	1:54:29	101	F	64	FSNR	
27	CONLEY	ANDY	525	1:54:49	536	1:53:40	424	M	256	MSNR	
922	MIKE	MINNS	526	1:54:51	496	1:52:13	425	M	257	MSNR	
1104	SIMON	RICHARDSON	527	1:54:53	478	1:51:20	426	M	105	M40	
1612	CRAIG	HOUGHTON	529	1:54:58	535	1:53:37	427	M	106	M40	
547	KATHERINE	HAMILTON	529	1:54:58	469	1:50:49	102	F	65	FSNR	
468	RYAN	GALEA	530	1:54:59	469	1:50:49	428	M	258	MSNR	
128	ANNA	BLAIN	531	1:55:02	476	1:51:19	103	F	66	FSNR	
764	NICOLA	LATIMER	532	1:55:05	540	1:53:47	104	F	31	F40	WIGTON ROAD RUNNERS
1140	ERIC	RYAN	533	1:55:09	484	1:51:31	429	M	54	M50	
1439	STEVEN	HEWIT	535	1:55:17	532	1:53:31	431	M	260	MSNR	DH RUNNERS
650	ROBIN	HOWSON	535	1:55:17	533	1:53:32	431	M	260	MSNR	
941	DAVID	MOSSOP	536	1:55:21	547	1:53:52	432	M	107	M40	
915	ANN	MILBURN	537	1:55:22	545	1:53:51	105	F	67	FSNR	
1379	SIMON	WILKINSON	538	1:55:24	570	1:54:30	433	M	261	MSNR	
655	ROBERT	HUNTER	539	1:55:26	501	1:52:21	434	M	262	MSNR	
442	JENNIE	FORSTER	540	1:55:29	560	1:54:12	106	F	68	FSNR	
305	DION	CROZIER	541	1:55:30	538	1:53:41	435	M	263	MSNR	
1368	SARAH	WHITE	542	1:55:33	556	1:54:07	107	F	69	FSNR	
1061	CLAIRE	PRATT	544	1:55:41	592	1:55:22	108	F	32	F40	1228675285
1393	TIM	WILSON	544	1:55:41	582	1:54:57	436	M	264	MSNR	
244	NATHAN	CHAMBERS	545	1:55:46	551	1:53:58	437	M	265	MSNR	
694	FIONA	JARDINE	546	1:55:53	525	1:53:22	109	F	33	F40	DUMFRIES RUNNING CLUB

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731	JULIA	KENNY	547	1:55:55	556	1:54:07	110	F	70	F50	
42	PAUL	ATTWOOD	548	1:55:56	563	1:54:18	438	M	55	M50	
846	PAUL	MARTIN	549	1:55:57	586	1:55:11	439	M	56	M50	
944	JANE	MOTTRAM	550	1:56:04	581	1:54:52	111	F	1	F60	CUMBERLAND FELL RUNNERS
568	MICHAEL	HART	552	1:56:07	516	1:52:54	441	M	267	MSNR	
697	ALISTAIR	JEFFERSON	552	1:56:07	489	1:51:42	441	M	267	MSNR	
696	LAURA	JEFFERSON	553	1:56:09	490	1:51:43	112	F	71	F50	
1046	SUSAN	PLANT	554	1:56:14	525	1:53:22	113	F	8	F50	
400	MARTIN	EVANS	555	1:56:18	572	1:54:33	442	M	268	MSNR	
884	KEVIN	MCGARVA	558	1:56:19	572	1:54:33	445	M	271	MSNR	
1146	BRYAN	SAWYERS	558	1:56:19	606	1:55:55	445	M	271	MSNR	
847	SIMON	MARTIN	558	1:56:19	510	1:52:38	445	M	271	MSNR	
450	REBECCA	FOSTER	559	1:56:20	567	1:54:25	114	F	72	F50	
43	STEVE	AVONS	560	1:56:21	561	1:54:15	446	M	12	M60	
1339	DAVID	WARD	561	1:56:25	534	1:53:36	447	M	108	M40	
1063	SEAN PATRICK	PRINCE	562	1:56:27	525	1:53:22	115	F	34	F40	
170	ANDREW	BROUGH	564	1:56:33	617	1:56:15	448	M	272	MSNR	
1520	BETH	IRVING	564	1:56:33	603	1:55:50	116	F	35	F40	
805	RACHAEL	LITTLE	565	1:56:38	611	1:56:10	117	F	36	F40	HOWGILL HARRIERS
1418	KEVIN	YOUNG	567	1:56:51	585	1:55:10	449	M	273	MSNR	
1417	RACHEL	YOUNG	567	1:56:51	587	1:55:12	118	F	73	F50	
152	VICKI	BOYD	569	1:56:52	577	1:54:38	119	F	37	F40	EDEN RUNNERS
1253	ALEXANDER	TAYLOR	569	1:56:52	512	1:52:45	450	M	274	MSNR	
228	TONY	CARRIGAN	571	1:56:53	591	1:55:17	451	M	109	M40	
1037	ALISON	PHILLIPS	571	1:56:53	580	1:54:50	120	F	38	F40	FELLSIDE LADIES
556	STEPHEN	HARBACH	572	1:56:59	600	1:55:44	452	M	57	M50	

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360	LAURA	DONOGHUE	573	1:57:00	600	1:55:44	121	F	74	FSNR	
602	IAN	HEPWORTH	574	1:57:01	616	1:56:14	122	F	2	F60	RICHMOND & ZETLAND
978	ANTHONY	NICHOLSON	576	1:57:03	583	1:55:00	454	M	110	M40	
1440	MARCUS	DODDS	576	1:57:03	578	1:54:48	454	M	275	MSNR	
337	SARAH	DENT	577	1:57:04	564	1:54:20	123	F	75	FSNR	
1510	ALISON	LITTLE	578	1:57:05	560	1:54:12	124	F	76	FSNR	
1176	RICHARD	SHILLINGLAW	580	1:57:06	565	1:54:21	456	M	276	MSNR	BLYTH RUNNING CLUB
708	DEREK	JOHNSTONE	580	1:57:06	558	1:54:11	456	M	111	M40	
471	JOHN	GALLOWAY	583	1:57:09	511	1:52:42	458	M	58	M50	
1091	KAREN	REED	583	1:57:09	576	1:54:36	125	F	77	FSNR	DUMFRIES RUNNING CLUB
883	COLIN	MCEWAN	583	1:57:09	541	1:53:50	458	M	277	MSNR	ST BEES TRIERS
375	KAREN	DUNBAR	585	1:57:17	588	1:55:13	127	F	39	F40	CLYDERUNNERS
879	SUSAN	MCCOLM	585	1:57:17	525	1:53:22	127	F	78	FSNR	
630	STUART	HOLDEN	586	1:57:18	628	1:56:38	459	M	278	MSNR	
1235	ROB	STREIT	587	1:57:22	593	1:55:25	460	M	112	M40	
1237	LISA	STUBBS	588	1:57:25	595	1:55:28	128	F	79	FSNR	
336	GRAHAM	DENNEY	589	1:57:27	570	1:54:30	461	M	113	M40	
854	VICKY	MASON	590	1:57:28	634	1:56:59	129	F	40	F40	CUMBERLAND AC
1378	DAVID	WILKINSON	591	1:57:34	528	1:53:24	462	M	279	MSNR	
958	FIONA	MURRAY	592	1:57:36	589	1:55:14	130	F	80	FSNR	CARLISLE TRI CLUB
662	SCOTT	HYNDMAN	593	1:57:37	611	1:56:10	463	M	280	MSNR	
582	HELEN	HAYDEN	596	1:57:38	631	1:56:49	133	F	82	FSNR	
1317	BEVERLEY	WAKEFIELD	596	1:57:38	625	1:56:29	133	F	82	FSNR	
609	MARY	HEWSON	596	1:57:38	625	1:56:29	133	F	41	F40	
1302	ANTHONY	TURNER	598	1:57:40	580	1:54:50	464	M	281	MSNR	
415	NICOLA	FELL	598	1:57:40	621	1:56:26	134	F	83	FSNR	

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256	ANTHEA	CHRISTIE	600	1:57:41	597	1:55:29	135	F	84	F50	
350	RIKKI	DILLON	600	1:57:41	614	1:56:12	465	M	282	MSNR	
1395	EMMA	WILSON	601	1:57:46	549	1:53:54	136	F	85	F50	
530	PAUL	GREGGAIN	603	1:57:48	576	1:54:36	466	M	283	MSNR	
1576	MARGARET	GRAY	603	1:57:48	590	1:55:16	137	F	9	F50	DUMFRIES
1299	PIERS	TUPMAN	604	1:57:49	552	1:54:03	467	M	114	M40	
1069	KATHARINE ANNE	PUSKAR	605	1:57:51	625	1:56:29	138	F	86	F50	
608	OLWYN	HEWITT	606	1:58:00	635	1:57:00	139	F	10	F50	
590	EMILY	HEAVISIDE	607	1:58:02	602	1:55:45	140	F	87	F50	EDEN RUNNERS
225	EMMA	CARRICK	608	1:58:04	618	1:56:23	141	F	42	F40	
923	CRAIG	MINTER	609	1:58:07	608	1:56:08	468	M	284	MSNR	
145	RUSSELL	BOWDEN	611	1:58:09	597	1:55:29	470	M	115	M40	
339	GREGORY	DENWOOD	611	1:58:09	566	1:54:22	470	M	59	M50	
414	ANDREA	FELL	613	1:58:10	622	1:56:28	142	F	43	F40	CUMBERLAND A C
444	PETER JAMES	FORSYTH	613	1:58:10	613	1:56:11	471	M	285	MSNR	
864	LIAM	MAYCOCK	614	1:58:12	643	1:57:17	472	M	286	MSNR	
1184	JULIE	SIMPSON	615	1:58:14	604	1:55:54	143	F	44	F40	
21	SAM	ALLISON	616	1:58:16	616	1:56:14	144	F	45	F40	
82	KENNETH	BATY	617	1:58:20	611	1:56:10	473	M	116	M40	
504	EMMA	GRAHAM	619	1:58:21	545	1:53:51	145	F	88	F50	ST BEES TRIERS
398	DUNCAN	EVANS	619	1:58:21	545	1:53:51	474	M	117	M40	
990	DANIEL	GILL	620	1:58:22	652	1:57:30	475	M	287	MSNR	
1518	MARTIN	JACK	621	1:58:29	638	1:57:09	476	M	288	MSNR	
1014	JAYNE	PARTRIDGE	622	1:58:34	626	1:56:31	146	F	46	F40	
148	RICHARD	BOWE	623	1:58:39	576	1:54:36	477	M	289	MSNR	
512	RAEL	GRAHAM	624	1:58:43	647	1:57:24	478	M	290	MSNR	



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1003	JIM	PAGE	625	1:58:47	584	1:55:03	479	M	118	M40	
308	SOPHIE	CUMMING	626	1:58:49	645	1:57:22	147	F	89	FSNR	
750	JAMES	KUECHEL	627	1:58:52	607	1:56:05	480	M	291	MSNR	
1275	PETER	THOMAS	628	1:58:56	660	1:57:44	481	M	60	M50	
1026	MALCOLM	PEARCE	629	1:58:58	634	1:56:59	482	M	61	M50	
1279	CRAIG	THOMSON	630	1:59:04	640	1:57:16	483	M	62	M50	ALLAN VALLEY STRIDERS
1047	NICOLA	PLASKETT	631	1:59:06	573	1:54:34	148	F	90	FSNR	
1517	JAMIE	BLACK	632	1:59:08	662	1:57:49	484	M	292	MSNR	
357	MARTIN	DODD	633	1:59:11	613	1:56:11	485	M	119	M40	
1320	EMMA	WALKER	634	1:59:14	683	1:58:52	149	F	91	FSNR	DERWENT AC
272	TANYA	COATES	635	1:59:15	595	1:55:28	150	F	92	FSNR	
18	JENNIFER	ALLAN-RELPH	636	1:59:20	656	1:57:40	151	F	93	FSNR	
1507	NEIL	IRWIN	638	1:59:22	667	1:58:00	487	M	63	M50	
310	WILLIAM	CUNNINGHAM	638	1:59:22	627	1:56:37	487	M	120	M40	CUMBERLAND AC
467	AMBER	GAHAN	639	1:59:26	598	1:55:40	152	F	94	FSNR	
842	HEIDI	MARSHALL	641	1:59:28	663	1:57:53	153	F	95	FSNR	
320	MICHAEL	DAVIDSON	641	1:59:28	646	1:57:23	488	M	293	MSNR	
621	KRISTOPHER	HODGSON	642	1:59:29	602	1:55:45	489	M	294	MSNR	
103	CRAIG	BETTON	643	1:59:32	632	1:56:57	490	M	295	MSNR	
562	BEN	HARPER	644	1:59:34	637	1:57:08	491	M	296	MSNR	
1594	CHRIS	MELLOR	646	1:59:36	673	1:58:33	492	M	297	MSNR	
1330	LESLEY	WALLACE	646	1:59:36	630	1:56:47	154	F	47	F40	
60	CRAIG	BARKER	647	1:59:38	606	1:55:55	493	M	298	MSNR	
620	GARY	HODGSON	649	1:59:39	654	1:57:38	495	M	300	MSNR	
742	CHRIS	KIRKBRIDE	649	1:59:39	649	1:57:27	495	M	300	MSNR	
163	SIMON	BRAY	651	1:59:40	664	1:57:55	496	M	301	MSNR	

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489	JOANNE	GILCHREST	651	1:59:40	676	1:58:38	155	F	96	FSNR	
251	ANDREW	CHARLTON	652	1:59:41	660	1:57:44	497	M	302	MSNR	
793	DEAN	LIGHTFOOT	653	1:59:42	619	1:56:25	498	M	121	M40	DH RUNNERS
558	DAVID	HARDWICK	654	1:59:47	666	1:57:59	499	M	303	MSNR	
1166	STEPHANIE	SHARP	655	1:59:48	691	1:59:37	156	F	48	F40	FYLDE COAST RUNNING CLUB
412	COLIN	FELL	656	1:59:50	629	1:56:43	500	M	64	M50	
1583	CATHERINE	KEEVIL	657	1:59:59	693	1:59:38	157	F	97	FSNR	DERWENT
1579	L	WOOD	658	2:00:05	681	1:58:44	501	M	304	MSNR	
737	TARRANDEEP	KHEHRA	659	2:00:07	648	1:57:26	502	M	305	MSNR	
1203	MARK	SOMERVILLE	660	2:00:08	670	1:58:08	503	M	306	MSNR	
1424	SAM	NORMAN	661	2:00:13	668	1:58:01	504	M	307	MSNR	
1346	MEL	WARWICK	662	2:00:14	677	1:58:41	158	F	98	FSNR	SANDS RUNNERS
372	MARK	DUERDEN	663	2:00:16	644	1:57:18	505	M	122	M40	
1572	MAXINE	WILSON	664	2:00:24	688	1:59:25	159	F	49	F40	
1244	AMELIA	SUMNER	666	2:00:30	621	1:56:26	161	F	99	FSNR	
1358	LOUISA	WEEKS	666	2:00:30	684	1:58:57	161	F	50	F40	SANDS RUNNERS
910	PHILIPPA	MEUNZBERG	667	2:00:36	665	1:57:56	162	F	100	FSNR	
508	ALISTAIR	GRAHAM	668	2:00:39	690	1:59:34	506	M	123	M40	
377	ALLYSON	DUNCAN	669	2:00:40	653	1:57:34	163	F	51	F40	
890	GARY	MCKEE	671	2:00:42	650	1:57:28	508	M	125	M40	
1601	KEVIN	HOWLAND	671	2:00:42	643	1:57:17	508	M	125	M40	
773	ELIZABETH	LEAROYD	673	2:00:43	639	1:57:13	164	F	101	FSNR	
1106	RICHARD C	RIDLEY	673	2:00:43	680	1:58:43	509	M	308	MSNR	
663	SARA	IDDON	675	2:00:46	682	1:58:49	165	F	52	F40	
1337	ANDREW	WARBURTON	675	2:00:46	671	1:58:20	510	M	126	M40	
257	EMILY	CHRISTMAS	676	2:00:55	696	1:59:43	166	F	102	FSNR	KESWICK AC

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1251	JAMES	TAGGART	677	2:01:09	700	1:59:55	511	M	309	MSNR	
441	NIGEL	FORSTER	678	2:01:15	651	1:57:29	512	M	127	M40	
503	BARRY	GRAHAM	679	2:01:17	643	1:57:17	513	M	128	M40	
811	TONY	LOWERY	680	2:01:22	637	1:57:08	514	M	129	M40	EDEN RUNNERS
1068	MATTHEW	PUSKAR	681	2:01:23	702	2:00:01	515	M	310	MSNR	
1372	MATTHEW	WHITFIELD	682	2:01:24	672	1:58:32	516	M	311	MSNR	
1053	JULIAN	PONSFORD	685	2:01:25	680	1:58:43	517	M	65	M50	
461	ALISON	FRENCH	685	2:01:25	680	1:58:43	168	F	53	F40	
457	STEPHANIE	FRANKLIN	685	2:01:25	695	1:59:42	168	F	103	FSNR	
358	SARAH	DODD	686	2:01:29	686	1:59:08	169	F	104	FSNR	
1540	LAUREN	CONNOR	687	2:01:31	726	2:00:57	170	F	105	FSNR	
1580	PAUL	STODDART	689	2:01:34	706	2:00:14	518	M	312	MSNR	
243	KATY	CHAMBERLAIN	689	2:01:34	661	1:57:47	171	F	106	FSNR	
1344	PHILLIPA	WARE	691	2:01:38	658	1:57:41	172	F	107	FSNR	
1343	RIK	WARE	691	2:01:38	658	1:57:41	519	M	66	M50	MARCH AC
544	PATRICK	HALL	692	2:01:40	676	1:58:38	520	M	313	MSNR	
1155	GAVIN	SCOTT	695	2:01:45	674	1:58:35	523	M	315	MSNR	
1587	NEIL	JOHNSON	695	2:01:45	655	1:57:39	523	M	67	M50	
61	ANDREW	BARKES	695	2:01:45	687	1:59:18	523	M	315	MSNR	
725	VICTORIA	KENDALL	696	2:02:00	729	2:01:00	173	F	108	FSNR	
1554	NATHAN	MILLER	697	2:02:01	714	2:00:33	524	M	316	MSNR	
1183	RUTH	SIMMONS	698	2:02:10	711	2:00:23	174	F	109	FSNR	
1126	LISA	ROTHERY	699	2:02:12	689	1:59:32	175	F	54	F40	
420	DAVID	FERRIER	700	2:02:14	703	2:00:02	525	M	68	M50	KESWICK AC
255	VINCENT	CHEUNG	702	2:02:15	738	2:01:31	526	M	317	MSNR	
452	KATHRYN	FOWLES	702	2:02:15	698	1:59:46	176	F	110	FSNR	

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<b>BIB</b>	<b>FORENAME</b>	<b>SURNAME</b>	<b>RANK</b>	<b>GUN TIME</b>	<b>CHIP RANK</b>	<b>CHIP TIME</b>	<b>GEN POS</b>	<b>GENDER</b>	<b>CAT POS</b>	<b>CATEGORY</b>	<b>CLUB</b>
843	SOPHIE	MARSHALL	703	2:02:16	746	2:01:50	177	F	111	FSNR	
346	RALPH	DICKINSON	704	2:02:24	693	1:59:38	527	M	13	M60	BLYTH RUNNING CLUB
671	GARY	IRVING	705	2:02:26	757	2:02:15	528	M	318	MSNR	
1060	RACHEL	POYNTER	706	2:02:33	669	1:58:03	178	F	112	FSNR	
34	LEAH	ARMSTRONG	707	2:02:34	743	2:01:43	179	F	113	FSNR	
135	SARAH	BOAK	709	2:02:36	701	1:59:57	180	F	114	FSNR	
1616	RACEDAY	ENTRY	709	2:02:36	755	2:02:06	529	M	319	MSNR	
84	JILL	BAXTER	710	2:02:37	744	2:01:44	181	F	115	FSNR	
579	JULIE	HATT	712	2:02:39	707	2:00:15	183	F	116	FSNR	
1600	SHARRON	CLARK	712	2:02:39	722	2:00:49	183	F	55	F40	WIGTON ROAD RUNNERS
331	LYNSEY	DAWSON	713	2:02:40	698	1:59:46	184	F	117	FSNR	
287	JACK	COOK	714	2:02:43	685	1:59:05	530	M	320	MSNR	
241	KAREN	CAVANAGH	715	2:02:44	756	2:02:12	185	F	56	F40	CUMBERLAND AC
993	CAROLINE	OLIVE	716	2:02:51	747	2:01:55	186	F	118	FSNR	
1363	KIRSTY	WEST	717	2:02:52	710	2:00:22	187	F	119	FSNR	
851	CLAIRE	MASON	718	2:02:56	704	2:00:10	188	F	11	F50	BLYTH RUNNING CLUB
976	EDDIE	NICHOLS	719	2:03:05	694	1:59:41	531	M	69	M50	
66	SARAH	BARNES	720	2:03:08	718	2:00:45	189	F	120	FSNR	
65	DAVID	BARNES	721	2:03:09	719	2:00:46	532	M	130	M40	DALLAM RUNNING CLUB
188	ANNE	BURBIDGE	722	2:03:11	723	2:00:50	190	F	12	F50	
459	RACHEL	FREER	723	2:03:15	732	2:01:03	191	F	121	FSNR	
202	CATHERINE	BUTLER	724	2:03:18	748	2:01:57	192	F	57	F40	
58	CHRIS	BARDINI	725	2:03:20	716	2:00:41	533	M	321	MSNR	
364	SUZY	DORAN	726	2:03:23	764	2:02:49	193	F	122	FSNR	
81	KATHLEEN	BATTY	727	2:03:31	735	2:01:10	194	F	123	FSNR	CARLISLE TRI CLUB
476	STUART	GARNER	728	2:03:32	708	2:00:16	534	M	322	MSNR	DUMFRIES AND GALLOWAY TRI CLUB

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380	RON	EADINGTON	729	2:03:35	705	2:00:13	535	M	14	M60	
522	FRAN	GRAY	730	2:03:43	743	2:01:43	195	F	58	F40	
435	KIRSTY	FLETCHER	731	2:03:44	720	2:00:47	196	F	124	FSNR	
1118	ADRIAN	ROBSON	732	2:03:52	699	1:59:50	536	M	323	MSNR	
1260	LESLIE	TAYLOR	733	2:03:53	774	2:03:25	537	M	131	M40	CUMBERLAND AC
802	NAOMI	LITTLE	734	2:03:56	712	2:00:25	197	F	125	FSNR	
703	RICHARD	JOHNSTON	735	2:03:59	715	2:00:34	538	M	132	M40	
261	SARAH	CLARKE	736	2:04:01	734	2:01:07	198	F	59	F40	
614	KARIN	HILL	738	2:04:02	734	2:01:07	199	F	60	F40	
1618	DAVID	ROBERT	738	2:04:02	721	2:00:48	539	M	133	M40	
1107	RICH	RIDLEY	740	2:04:03	784	2:03:43	541	M	325	MSNR	CARLISLE SHEEPMOUNT RC
1088	DAVID	REDFERN	740	2:04:03	729	2:01:00	541	M	325	MSNR	
769	GAIL	LAYZELL	743	2:04:07	763	2:02:45	201	F	127	FSNR	
840	JOHN	MARSDEN	743	2:04:07	763	2:02:45	542	M	326	MSNR	
324	RACHAEL	DAVIDSON	743	2:04:07	739	2:01:32	201	F	127	FSNR	
1152	JONATHAN	SCOTT	744	2:04:13	782	2:03:34	543	M	327	MSNR	
345	CHRIS	DICKER	746	2:04:17	749	2:01:59	544	M	328	MSNR	
1286	MARLENE	TODD	746	2:04:17	709	2:00:21	202	F	13	F50	
1366	DEBBY	WHITBY	747	2:04:25	736	2:01:19	203	F	128	FSNR	
425	GILLIAN	FINLINSON	749	2:04:29	751	2:02:01	205	F	62	F40	ST BEES TRIERS
1215	HELEN	STARKEY	749	2:04:29	751	2:02:01	205	F	62	F40	ST BEES TRIERS
197	HEATHER	BURRIDGE	750	2:04:30	713	2:00:30	206	F	63	F40	
537	OLIVER	GRUBB	752	2:04:32	731	2:01:01	545	M	329	MSNR	
1145	ELLA	SAVAGE	752	2:04:32	731	2:01:01	207	F	129	FSNR	
1371	SARAH	WHITE	753	2:04:35	745	2:01:45	208	F	64	F40	
700	RICHARD	JEWELL	754	2:04:37	761	2:02:43	546	M	134	M40	

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1115	SAMANTHA	ROBERTSON	755	2:04:39	778	2:03:32	209	F	130	FSNR	SALTWELL HARRIERS
205	GILL	BUTTERFIELD	756	2:04:41	743	2:01:43	210	F	65	F40	
535	RUTH	GRIFFITH	757	2:04:53	783	2:03:40	211	F	66	F40	
266	CHRISTINE	CLUBBS	758	2:04:54	796	2:04:27	212	F	67	F40	WETHERBY RUNNERS
726	RUTH	KENDALL	759	2:04:55	717	2:00:42	213	F	131	FSNR	
1122	KERRY	ROGERSON	760	2:04:58	727	2:00:59	214	F	132	FSNR	
860	EMMA	MATTHEWS	762	2:05:05	724	2:00:52	216	F	134	FSNR	
1355	SAMANTHA	WEBB	762	2:05:05	725	2:00:53	216	F	134	FSNR	
206	PAUL	BUTTON	763	2:05:07	755	2:02:06	547	M	15	M60	
631	SUSAN	HOLLIDAY	764	2:05:19	802	2:04:36	217	F	68	F40	
855	ROBERT	MASSON	765	2:05:22	767	2:02:52	548	M	330	MSNR	
856	MICHELLE	MASSON	766	2:05:23	767	2:02:52	218	F	135	FSNR	
88	CHRISTOPHER	BEAVES	768	2:05:31	790	2:04:08	549	M	331	MSNR	
89	MARY	BECKETT	768	2:05:31	800	2:04:32	219	F	136	FSNR	EDEN RUNNERS
87	RUTH	BEAL	769	2:05:32	800	2:04:32	220	F	137	FSNR	
260	JAYNE	CLARKE	770	2:05:33	765	2:02:51	221	F	69	F40	
1545	JULIE	DOCHERTY	771	2:05:36	782	2:03:34	222	F	138	FSNR	
438	GEMMA	FORRESTER	772	2:05:38	753	2:02:04	223	F	139	FSNR	3360882
1141	ANNALIESE	SALES	773	2:05:41	758	2:02:18	224	F	140	FSNR	
649	DOUGLAS	HOWIESON	774	2:05:42	809	2:05:09	550	M	70	M50	
1035	DEE	PERRY	775	2:05:43	771	2:03:01	225	F	141	FSNR	
929	HELEN	MOOR	776	2:05:49	806	2:04:50	226	F	142	FSNR	
600	RICHARD	HENRY	777	2:05:53	740	2:01:42	551	M	332	MSNR	
189	DAWN	BURKINSHAW	778	2:05:54	779	2:03:33	227	F	143	FSNR	
538	SARAH	GRUNDY	779	2:05:55	752	2:02:03	228	F	70	F40	
1556	WAYNE	BARTHOLOMEW	780	2:05:56	737	2:01:25	552	M	333	MSNR	

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893	DAVID	MCMILLAN	781	2:05:57	768	2:02:54	553	M	334	MSNR	
300	PAULA	CRAVEN	784	2:05:59	775	2:03:27	230	F	145	FSNR	DUMFRIES RUNNING CLUB
222	AMY	CARDIGAN	784	2:05:59	782	2:03:34	230	F	145	FSNR	
891	LENNOX	MCLEAN	784	2:05:59	795	2:04:24	554	M	135	M40	
125	LUCY	BLACKLOCK	786	2:06:00	795	2:04:24	231	F	71	F40	
895	ANTHONY	MCMINN	786	2:06:00	773	2:03:21	555	M	136	M40	
322	JOHN	DAVIDSON	788	2:06:01	803	2:04:42	556	M	71	M50	2697987
456	KIRSTEN	FRANCIS	788	2:06:01	804	2:04:43	232	F	14	F50	
1067	BEN	PURDHAM	789	2:06:05	793	2:04:23	557	M	335	MSNR	
619	RYAN	HODGSON	790	2:06:09	772	2:03:19	558	M	336	MSNR	
1264	RICHARD	TEASDALE	791	2:06:15	760	2:02:33	559	M	337	MSNR	ST BEES TRIERS
1336	SAMANTHA	WARBURTON	792	2:06:16	785	2:03:49	233	F	146	FSNR	
99	MARIE	BENNETT	793	2:06:20	822	2:05:35	234	F	147	FSNR	
926	MARK	MOODY	794	2:06:24	759	2:02:25	560	M	137	M40	CARLISLE TRI CLUB
164	NICHOLAS	BREARE	795	2:06:29	786	2:03:52	561	M	16	M60	
328	JOHN	DAVIS	796	2:06:41	769	2:02:57	562	M	338	MSNR	
657	CHRISTINE	HUNTER	797	2:06:42	807	2:05:00	235	F	3	F60	TYNEDALE HARRIERS
527	SHARON	GREEN	798	2:06:49	777	2:03:29	236	F	148	FSNR	ST BEES TRIERS
1543	KEVIN	BOYLE	799	2:06:53	829	2:06:21	563	M	339	MSNR	
83	TIMOTHY	BAUGH	800	2:07:00	801	2:04:33	564	M	138	M40	CARLISLE TRI CLUB
1265	SARAH	TEASDALE	801	2:07:11	777	2:03:29	237	F	149	FSNR	ST BEES TRIERS
1537	MICHAEL	NEILE	802	2:07:20	808	2:05:05	565	M	340	MSNR	
1420	FAITH	MATTHEWS	803	2:07:26	834	2:06:30	238	F	72	F40	
1558	STEVE	JOHNSTON	804	2:07:28	770	2:02:59	566	M	139	M40	
1144	NEIL	SAVAGE	806	2:07:30	789	2:03:57	568	M	73	M50	
1571	TOM	MCGUINIC	806	2:07:30	789	2:03:57	568	M	73	M50	

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1404	SAMMI	WISE	808	2:07:34	798	2:04:30	240	F	151	FSNR	
1541	CATHERINE	BIRD	808	2:07:34	825	2:05:45	240	F	151	FSNR	
1191	GRANT	SMITH	809	2:07:52	787	2:03:53	569	M	341	MSNR	
707	NINA	JOHNSTONE	811	2:08:04	832	2:06:27	241	F	73	F40	
486	MICHAEL	GEEN	811	2:08:04	832	2:06:27	570	M	140	M40	
548	MATTHEW	HAND	812	2:08:07	847	2:07:17	571	M	342	MSNR	
1315	ANDREW	WACHSBERGER	813	2:08:11	810	2:05:15	572	M	343	MSNR	
186	ROMAN	BULLOCK	815	2:08:13	844	2:07:13	574	M	345	MSNR	
961	JOHN	MUSGROVE	815	2:08:13	792	2:04:15	574	M	345	MSNR	CUMBERLAND A C
1234	FREMLYN	STREATFEILD	816	2:08:14	806	2:04:50	575	M	346	MSNR	
1128	MICHAEL	ROUTLEDGE	817	2:08:15	812	2:05:16	576	M	347	MSNR	
1167	REBECCA	SHARPE	818	2:08:16	814	2:05:17	242	F	152	FSNR	
1043	KATIE	PIKE	819	2:08:19	830	2:06:26	243	F	153	FSNR	
424	KAREN	FINLINSON	820	2:08:22	842	2:07:00	244	F	74	F40	
1294	CLAIRE	TRAVIS	822	2:08:35	816	2:05:19	245	F	154	FSNR	
1301	SIMON	TURNER	822	2:08:35	798	2:04:30	577	M	141	M40	
216	STEVE	CAMPBELL	823	2:08:36	841	2:06:58	578	M	74	M50	
1008	VICTORIA	PARKER	824	2:08:37	828	2:06:20	246	F	155	FSNR	
321	GARRY	DAVIDSON	825	2:08:38	820	2:05:30	579	M	142	M40	
126	SIOBHAN	BLACKLOCK	826	2:08:41	824	2:05:41	247	F	156	FSNR	
1529	RICHARD	GODDARD	827	2:08:43	791	2:04:10	580	M	17	M60	
670	SALLY	IRVING	828	2:08:48	815	2:05:18	248	F	157	FSNR	
1592	GEROME	PARK	829	2:08:50	823	2:05:40	581	M	348	MSNR	
1056	GEMMA	PORTHOUSE	830	2:08:51	870	2:08:42	249	F	158	FSNR	
1117	DAVID	ROBINSON	831	2:08:58	818	2:05:29	582	M	143	M40	
362	DAVID	DONOGHUE	833	2:08:59	861	2:07:43	583	M	75	M50	



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361	CLAIRE	DONOGHUE	833	2:08:59	861	2:07:43	250	F	159	FSNR	
833	DEBBIE	MALLIN	834	2:09:15	854	2:07:31	251	F	75	F40	
1111	NICOLA	ROBERTS	835	2:09:17	839	2:06:52	252	F	160	FSNR	
1214	KATE	STARK	836	2:09:18	839	2:06:52	253	F	161	FSNR	
1078	LAUREN	RAMSAY	837	2:09:20	862	2:08:09	254	F	162	FSNR	
746	STEPHEN	KIRKPATRICK	839	2:09:22	852	2:07:22	584	M	144	M40	
1202	KIRSTIE	SOMERVILLE	839	2:09:22	848	2:07:18	255	F	163	FSNR	
975	STEPHANIE	NG	840	2:09:28	817	2:05:21	256	F	164	FSNR	
1218	CAROLE	STEEL	841	2:09:30	826	2:06:05	257	F	15	F50	SHEEPMOUNT RUNNING CLUB
1121	DALEY	ROGERS	842	2:09:31	812	2:05:16	585	M	349	MSNR	
1242	GRAHAM	SUMBLER	844	2:09:32	820	2:05:30	586	M	350	MSNR	
1243	NICOLA	SUMBLER	844	2:09:32	821	2:05:31	258	F	165	FSNR	
1602	G	MCALEAVEY	845	2:09:33	814	2:05:17	587	M	351	MSNR	
598	SARAH	HENDERSON	846	2:09:35	827	2:06:19	259	F	166	FSNR	
956	VICTORIA	MURRAY	847	2:09:39	836	2:06:45	260	F	167	FSNR	
1394	FRANCESCA	WILSON	848	2:09:43	865	2:08:32	261	F	168	FSNR	
1307	DIANA	UNSWORTH	850	2:09:45	833	2:06:29	262	F	169	FSNR	
1328	THOMAS	WALKER	850	2:09:45	843	2:07:06	588	M	352	MSNR	
1599	CARL	GRAHAM	851	2:09:47	840	2:06:53	589	M	1	M70	
822	ANDREW	MADDOCK	852	2:09:59	835	2:06:33	590	M	353	MSNR	HYDE PARK HARRIERS
1506	ANGELA	IRWIN	853	2:10:06	871	2:08:43	263	F	76	F40	
387	ANGELA	EDGAR	854	2:10:09	863	2:08:23	264	F	170	FSNR	
303	DAVID	CROSS	855	2:10:16	855	2:07:33	591	M	76	M50	
1085	LOUISE	RAWLINSON	856	2:10:20	857	2:07:34	265	F	77	F40	BLYTH RUNNING CLUB
639	LAYLA	HORKY	857	2:10:25	858	2:07:36	266	F	171	FSNR	
526	AMANDA	GREEN	858	2:10:28	874	2:09:13	267	F	78	F40	

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1408	DAVID	WOODS	859	2:10:29	875	2:09:14	592	M	145	M40	
184	ALLAN	BUCKLEY	860	2:10:30	859	2:07:38	593	M	2	M70	KESWICK ATHLETIC CLUB
254	OLIVIA	CHEUNG	861	2:10:36	881	2:09:51	268	F	172	FSNR	
1703	I CAAN	I CAAN TEAM 3	862	2:10:37	892	2:10:38	1	X	1	XS	
1291	GARY	TOMLINSON	864	2:10:38	837	2:06:48	595	M	146	M40	
1370	BOB	WHITE	864	2:10:38	845	2:07:16	595	M	354	MSNR	
447	JOHN	FOSTER	866	2:10:43	850	2:07:19	596	M	18	M60	NONE
268	CATH	CLULEY	866	2:10:43	850	2:07:19	269	F	173	FSNR	
269	ELEANOR	CLULEY	867	2:10:44	851	2:07:20	270	F	174	FSNR	
781	SARAH	LEETE	868	2:10:45	872	2:08:44	271	F	79	F40	
1514	ANDREW	COLEMAN	869	2:10:48	847	2:07:17	597	M	355	MSNR	
1	DAVID	MURRAY	870	2:10:53	869	2:08:40	598	M	356	MSNR	CHORLTON RUNNERS
153	MARIE-LOUISE	BOZONET	872	2:11:00	882	2:09:56	273	F	175	FSNR	
17	ANNA	ALLAN	872	2:11:00	883	2:09:57	273	F	80	F40	
519	KAREN	GRANT	873	2:11:10	868	2:08:37	274	F	16	F50	
1005	HENRY	PARFITT	874	2:11:19	853	2:07:26	599	M	357	MSNR	
973	LEANNE	NELSON	875	2:11:24	884	2:09:58	275	F	176	FSNR	
1252	VICTORIA	TAIT	876	2:11:25	876	2:09:29	276	F	81	F40	
1356	ELIZABETH	WEBSTER	877	2:11:26	890	2:10:31	277	F	177	FSNR	
402	MARK	EVANS	878	2:11:37	866	2:08:33	600	M	358	MSNR	
454	DAVID	FRANCIS	879	2:11:45	857	2:07:34	601	M	19	M60	
1532	JULIE	HOLGATE	880	2:11:47	886	2:10:21	278	F	82	F40	
1033	AMY	PERCIVAL	881	2:11:57	864	2:08:29	279	F	178	FSNR	
766	ANDREA	LAVERICK	882	2:12:16	894	2:10:45	280	F	179	FSNR	
1589	EMMA	LIGHT	884	2:12:22	879	2:09:42	282	F	181	FSNR	
1588	STEPHANIE	SPEIRS	884	2:12:22	879	2:09:42	282	F	181	FSNR	

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292	MATTY	COTTAM	885	2:12:27	873	2:08:54	602	M	359	MSNR	
672	CAROL	IRVING	886	2:12:31	901	2:11:12	283	F	83	F40	
127	KRISTY	BLAEN	887	2:12:36	900	2:11:10	284	F	182	FSNR	
659	GARY	HUNTER	889	2:12:41	896	2:10:47	603	M	360	MSNR	
1295	HELEN	TREACY	889	2:12:41	896	2:10:47	285	F	183	FSNR	
715	BEN	JUDGE	890	2:12:44	914	2:12:13	604	M	361	MSNR	
989	JENNIFER	O'BRIEN	891	2:12:45	909	2:11:48	286	F	184	FSNR	
959	WILL	MURRAY	892	2:12:46	889	2:10:28	605	M	1	UNDERAGE	
187	DANIELLE	BULMAN	893	2:12:49	903	2:11:16	287	F	185	FSNR	
1138	NEIL	RUTHERFORD	895	2:12:50	867	2:08:34	606	M	362	MSNR	
1391	PENNY	WILSON	895	2:12:50	923	2:12:24	288	F	17	F50	NORTH EAST VETERENS
330	PAUL	DAVISON	896	2:12:51	923	2:12:24	607	M	77	M50	NE VETS
199	ALEXANDRA	BUSHBY	897	2:12:57	908	2:11:30	289	F	186	FSNR	
966	WENDY	NAVIN	898	2:13:08	888	2:10:24	290	F	84	F40	ST BEES TRIERS
1247	JANAN	SWINGLEHURST	899	2:13:11	906	2:11:28	291	F	85	F40	
209	CHRISTOPHER	CAIRD	900	2:13:13	902	2:11:15	608	M	78	M50	
1018	GARY	PATERSON	901	2:13:23	907	2:11:29	609	M	363	MSNR	
739	JILL	KILLEN	903	2:13:24	905	2:11:26	293	F	187	FSNR	
1049	LIZ	POLKEY	903	2:13:24	905	2:11:26	293	F	86	F40	
1573	DAVID	HENDERSON	904	2:13:31	897	2:10:50	610	M	79	M50	
624	CAROL	HODGSON	905	2:13:39	899	2:11:03	294	F	87	F40	
876	JESSICA	MCCARRY	906	2:13:41	891	2:10:32	295	F	188	FSNR	
1427	PETER	IVINSON	907	2:13:43	930	2:12:48	611	M	147	M40	
73	JENNI	BARROWCLOUGH	908	2:13:45	880	2:09:43	296	F	88	F40	
1099	TRISTAN	REID	909	2:13:53	885	2:10:03	612	M	364	MSNR	CARLISLE TRI CLUB
721	ANGELA	KELSALL	910	2:14:06	887	2:10:23	297	F	89	F40	

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924	CALLUM	MITCHELL	911	2:14:08	877	2:09:37	613	M	365	MSNR	
149	JUDITH	BOWER	912	2:14:10	894	2:10:45	298	F	18	F50	
1504	ANGELA	IRVING	914	2:14:11	934	2:13:00	299	F	189	FSNR	
68	STEPHEN	BARRACLOUGH	914	2:14:11	936	2:13:04	614	M	80	M50	
617	JILL	HIRST	916	2:14:12	936	2:13:04	300	F	90	F40	
616	MATTHEW	HIRST	916	2:14:12	937	2:13:05	615	M	148	M40	
200	SEBASTIAN	BUSZKO	917	2:14:34	921	2:12:23	616	M	149	M40	
594	MARJORIE	HELME	918	2:14:36	924	2:12:26	301	F	4	F60	
1568	ANDREW	READ	919	2:14:42	913	2:12:10	617	M	366	MSNR	DUMFRIES
85	LAURA	BAXTER	920	2:14:43	917	2:12:18	302	F	190	FSNR	
1701	I CAAN	I CAAN TEAM 1	921	2:14:44	898	2:10:54	2	X	2	XS	
1702	I CAAN	I CAAN TEAM 2	922	2:14:45	966	2:14:46	3	X	3	XS	
1581	DAVID	HIBBERT	923	2:14:47	912	2:12:07	618	M	367	MSNR	
1704	RACEDAY	ENTRY RELAY	924	2:14:50	969	2:14:51	4	X	4	XS	
1263	BRIAN	TEASDALE	925	2:14:53	916	2:12:16	619	M	368	MSNR	
283	STEPHEN	CONLEY	926	2:14:56	952	2:13:46	620	M	150	M40	
41	RACHAEL	ATKINSON	928	2:15:05	920	2:12:22	304	F	192	FSNR	
919	CATHERINE	MILLER	928	2:15:05	920	2:12:22	304	F	192	FSNR	
294	HELEN	COWARD	929	2:15:08	943	2:13:14	305	F	193	FSNR	
1325	KELLY	WALKER	930	2:15:09	943	2:13:14	306	F	194	FSNR	
1359	RUSS	WEIGHTMAN	931	2:15:22	933	2:12:58	621	M	369	MSNR	
271	HANNAH	COATES	932	2:15:26	941	2:13:13	307	F	195	FSNR	
925	PAUL	MITCHELL	933	2:15:32	932	2:12:56	622	M	370	MSNR	
469	KARINA	GALLAGHER	935	2:15:33	911	2:11:56	308	F	91	F40	
916	PAUL	MILLEN	935	2:15:33	911	2:11:56	623	M	151	M40	
246	NICK	CHAMLEY	937	2:15:37	951	2:13:45	624	M	81	M50	

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309	DEBBIE	CUMMINS	937	2:15:37	950	2:13:44	309	F	19	F50	
727	GARY	KENNEDY	938	2:15:41	928	2:12:44	625	M	371	MSNR	
1189	IAN	SLATER	939	2:15:46	963	2:14:35	626	M	152	M40	
40	TRACEY	ATKINSON	940	2:15:51	932	2:12:56	310	F	92	F40	
347	SHARON	DICKSON	941	2:15:55	926	2:12:30	311	F	93	F40	
524	LYNDA	GRAY	943	2:15:56	939	2:13:08	313	F	94	F40	
130	ALEX	BLAIR	943	2:15:56	939	2:13:08	313	F	196	FSNR	
825	ANDREW	MAGUIRE	944	2:15:58	944	2:13:21	627	M	153	M40	DALLAM
79	SARAH	BATER	947	2:15:59	915	2:12:14	316	F	197	FSNR	
761	HELEN	LANGCAKE	947	2:15:59	948	2:13:38	316	F	96	F40	
383	CLAIRE	EASTON	947	2:15:59	948	2:13:38	316	F	96	F40	
1079	JASON	RAMSEY	949	2:16:06	946	2:13:28	628	M	372	MSNR	
1396	JUDITH	WILSON	949	2:16:06	945	2:13:27	317	F	97	F40	
1387	JOY	WILLIAMS	950	2:16:20	927	2:12:38	318	F	198	FSNR	
1333	JAMES	WALSH	951	2:16:27	925	2:12:27	629	M	373	MSNR	
798	LOUISE	LING	952	2:16:29	960	2:14:24	319	F	199	FSNR	
224	MICHAEL	CARR	953	2:16:32	940	2:13:09	630	M	374	MSNR	
55	GAIL	BAMBER	954	2:16:34	980	2:15:42	320	F	98	F40	
882	GILLIAN	MCDOUGALL	955	2:16:39	929	2:12:47	321	F	99	F40	
678	MARIE	JACKSON	956	2:16:44	962	2:14:30	322	F	200	FSNR	DH RUNNERS
401	GARY	EVANS	957	2:16:51	953	2:13:47	631	M	375	MSNR	
193	MELANIE	BURNS	958	2:16:52	977	2:15:16	323	F	201	FSNR	
517	STEWART	GRANT	960	2:16:55	958	2:14:20	633	M	21	M60	WIGTON ROAD RUNNERS
718	DAVID	KEENAN	960	2:16:55	918	2:12:21	633	M	21	M60	
745	BILL	KIRKPATRICK	961	2:17:01	955	2:14:10	634	M	3	M70	
1148	SUE	SCHOLEY	962	2:17:05	949	2:13:42	324	F	202	FSNR	

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1276	NATASHA	THOMPSON	963	2:17:07	983	2:16:05	325	F	203	FSNR	
977	GARRY	NICHOLS	964	2:17:16	979	2:15:37	635	M	154	M40	
1012	ANGELA	PARRY	965	2:17:17	959	2:14:23	326	F	204	FSNR	
1585	STUART	ROME	966	2:17:45	968	2:14:50	636	M	376	MSNR	
29	HEIDI	ARMITAGE	968	2:17:48	966	2:14:46	327	F	205	FSNR	
30	JIM	ARMITAGE	968	2:17:48	966	2:14:46	637	M	377	MSNR	
334	VICKKI	DEMPSEY	969	2:17:54	985	2:16:10	328	F	206	FSNR	BLACKHILL BOUNDERS
1222	DAVID	STEELE	970	2:17:57	961	2:14:28	638	M	378	MSNR	
806	TERRY	LOBB	972	2:17:59	957	2:14:13	639	M	82	M50	
604	NADINE	HETHERINGTON	972	2:17:59	957	2:14:13	329	F	207	FSNR	
1119	KAREN	ROCKLIFFE	973	2:18:06	974	2:15:02	330	F	100	F40	FYLDE COAST
1164	KIRSTY	SHARKEY	974	2:18:09	967	2:14:48	331	F	208	FSNR	
385	GILLIAN	ECCLES	975	2:18:21	971	2:14:59	332	F	209	FSNR	
622	GARETH	HODGSON	976	2:18:27	954	2:13:56	640	M	379	MSNR	
323	CLAIRE	DAVIDSON	980	2:18:29	996	2:17:21	336	F	102	F40	SALTWELL HARRIERS
180	SAMANTHA	BRUCE	980	2:18:29	996	2:17:21	336	F	102	F40	SALTWELL HARRIERS
416	LEIGH	FERGUSON	980	2:18:29	998	2:17:23	336	F	210	FSNR	SALTWELL HARRIERS
950	HELEN	MULLARKEY	980	2:18:29	997	2:17:22	336	F	20	F50	SALTWELL HARRIERS
436	MARY	FONES	981	2:18:37	970	2:14:56	337	F	211	FSNR	
850	HANNAH	MASON	982	2:18:38	978	2:15:30	338	F	212	FSNR	
553	GRAHAME	HANNAH	983	2:18:46	976	2:15:13	641	M	83	M50	
1297	PAUL	TROUGHTON	985	2:18:52	994	2:17:09	642	M	380	MSNR	
1326	KIM	WALKER	985	2:18:52	975	2:15:12	339	F	213	FSNR	
510	DIANE	GRAHAM	986	2:19:14	989	2:16:47	340	F	214	FSNR	
603	DANE	HERD	988	2:19:18	992	2:17:00	643	M	381	MSNR	
589	TIFFANY	HEAVISIDE	988	2:19:18	992	2:17:00	341	F	215	FSNR	EDEN RUNNERS

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313	SARAH	CUPAC	989	2:19:20	993	2:17:07	342	F	216	FSNR	
807	STUART	LOCKWOOD	991	2:19:24	974	2:15:02	644	M	155	M40	
808	CAROLINE	LOCKWOOD	991	2:19:24	972	2:15:01	343	F	217	FSNR	
611	AMY	HEYS	992	2:19:43	983	2:16:05	344	F	218	FSNR	
404	NATALIE	FABEN	993	2:19:47	984	2:16:06	345	F	219	FSNR	
1232	LINDSAY	STRAUGHTON	994	2:19:52	986	2:16:15	346	F	220	FSNR	
1206	MALCOLM	SOWERBY	995	2:19:57	999	2:17:27	645	M	84	M50	
1178	CHYE HING	SIAW	996	2:20:02	981	2:15:48	646	M	382	MSNR	
138	CHRIS	BOLSTER	997	2:20:05	1004	2:17:49	647	M	383	MSNR	
996	GAIL	O'NEILL	998	2:20:06	1000	2:17:37	347	F	21	F50	
889	DEAN	MCGREGOR	999	2:20:20	1022	2:19:14	648	M	384	MSNR	
1219	SUSAN	STEEL	1000	2:20:21	990	2:16:56	348	F	103	F40	CARLISLE SHEEPMOUNT RUNNING CL
91	JADE	BEECROFT	1001	2:20:50	988	2:16:41	349	F	221	FSNR	
605	GARY	HEWER	1004	2:20:52	1001	2:17:38	649	M	156	M40	
699	WENDY	JEPKES	1004	2:20:52	1005	2:18:04	351	F	105	F40	
571	EMMA	HARVEY	1004	2:20:52	1006	2:18:05	351	F	105	F40	
880	LEON	MCCORMICK	1005	2:21:04	1018	2:18:43	650	M	157	M40	
394	LISA	ELSTOB	1006	2:21:07	1012	2:18:36	352	F	106	F40	
284	ALASTAIR	CONN	1007	2:21:08	987	2:16:39	651	M	85	M50	
1036	TWYLA	PHILLIPS	1008	2:21:12	1002	2:17:39	353	F	5	F60	
286	JOHN	COOK	1010	2:21:21	1009	2:18:25	653	M	158	M40	
511	CHRISTOPHER	GRAHAM	1010	2:21:21	1009	2:18:25	653	M	86	M50	
646	ANTONY	HOWARTH	1011	2:21:22	1020	2:18:56	654	M	87	M50	
392	JEMMA	ELLIOTT	1013	2:21:26	1017	2:18:42	355	F	107	F40	ST BEES TRIERS
1195	NATALIE	SMITH	1013	2:21:26	1017	2:18:42	355	F	222	FSNR	
405	CATH	FAIRLAM	1014	2:21:27	1024	2:19:24	356	F	108	F40	

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1383	JERMAINE	WILLAN	1016	2:21:31	1028	2:19:38	358	F	109	F40	WEST HULL LADIES
713	JAIMIE	JORDAN	1016	2:21:31	1031	2:19:48	358	F	223	FSNR	
1188	DAWN	SLATER	1017	2:21:35	1015	2:18:41	359	F	22	F50	
1331	JILL	WALLS	1018	2:21:37	1021	2:18:57	360	F	110	F40	
1593	HELEN	PARK	1019	2:21:46	1011	2:18:35	361	F	224	FSNR	
955	MELISSA	MURPHY	1020	2:22:01	1019	2:18:51	362	F	225	FSNR	
623	REBECCA	HODGSON	1021	2:22:03	1004	2:17:49	363	F	226	FSNR	
1569	SHEILA	ARNSTON	1022	2:22:07	1014	2:18:39	364	F	111	F40	
429	MICHAEL	FITZPATRICK	1023	2:22:11	1010	2:18:26	655	M	88	M50	
39	MIKE	ATKINSON	1024	2:22:16	1053	2:21:50	656	M	89	M50	
1186	MARK	SIMPSON	1025	2:22:17	1036	2:20:05	657	M	385	MSNR	
136	NATALIE	BOARDMAN	1026	2:22:19	1040	2:20:45	365	F	227	FSNR	
836	HUGO	MANN	1027	2:22:22	1046	2:21:29	658	M	386	MSNR	
1524	SEAN	LINDSAY	1029	2:22:29	1036	2:20:05	659	M	387	MSNR	
1136	BARBARA	RUSS-WEIGHTMAN	1029	2:22:29	1036	2:20:05	366	F	23	F50	
1171	STEPHANIE	SHAW	1031	2:22:31	1027	2:19:32	368	F	229	FSNR	
1077	SIGITA	RAGAZINSKAITE	1031	2:22:31	1056	2:22:00	368	F	229	FSNR	
1267	SOPHIE	TEDHAM	1032	2:22:34	1014	2:18:39	369	F	230	FSNR	
210	JANE	CAIRNS	1033	2:22:36	1043	2:21:09	370	F	231	FSNR	
875	MARTIN	MCCARRON	1034	2:22:42	1029	2:19:43	660	M	388	MSNR	
499	BRIAN	GORMAN	1035	2:22:58	1007	2:18:18	661	M	90	M50	
120	DONNA	BISHOP	1036	2:23:04	1058	2:22:02	371	F	232	FSNR	
1293	JENNA	TRANTER	1037	2:23:07	1025	2:19:25	372	F	233	FSNR	
406	SARAH	FAIRLAMB	1038	2:23:12	1038	2:20:31	373	F	112	F40	NONE
1193	JOANNE	SMITH	1039	2:23:15	1050	2:21:43	374	F	234	FSNR	
421	KERRIE	FIDDLER	1040	2:23:20	1030	2:19:46	375	F	113	F40	



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<b>BIB</b>	<b>FORENAME</b>	<b>SURNAME</b>	<b>RANK</b>	<b>GUN TIME</b>	<b>CHIP RANK</b>	<b>CHIP TIME</b>	<b>GEN POS</b>	<b>GENDER</b>	<b>CAT POS</b>	<b>CATEGORY</b>	<b>CLUB</b>
1266	AMY	TEDHAM	1041	2:23:27	1026	2:19:31	376	F	114	F40	
49	JACQUELINE	BAKER	1042	2:23:30	1032	2:19:55	377	F	235	FSNR	
165	ANNE	BRENNAN	1043	2:23:33	1023	2:19:19	378	F	236	FSNR	
1180	MICHAEL	SIDDALL	1045	2:23:36	1069	2:22:53	663	M	389	MSNR	
204	ANDREW	BUTLER	1045	2:23:36	1062	2:22:15	663	M	159	M40	
234	GLEN	CARRUTHERS	1046	2:23:38	1037	2:20:06	664	M	91	M50	
1412	LUCY	WRIGHT	1048	2:23:42	1047	2:21:31	380	F	237	FSNR	
574	DEBBIE-ANN	HARWOOD	1048	2:23:42	1051	2:21:48	380	F	115	F40	
826	MELISSA	MAGUIRE	1049	2:23:45	1042	2:21:06	381	F	238	FSNR	DALLAM
1249	RYAN	SWORD	1050	2:23:52	1060	2:22:12	665	M	390	MSNR	
316	LOUISE	CUTHBERT	1051	2:23:54	1041	2:20:54	382	F	239	FSNR	
599	DARREN	HENDREN	1052	2:24:15	1033	2:19:58	666	M	391	MSNR	
635	HEATHER	HOLT	1054	2:24:29	1055	2:21:55	383	F	240	FSNR	SPORTSBAG HARRIERS
636	ALISTAIR	HOLT	1054	2:24:29	1055	2:21:55	667	M	392	MSNR	SPORTSBAG HARRIERS
520	DAWN	GRAY	1055	2:24:33	1078	2:24:09	384	F	116	F40	
1041	JENNIFER	PICARDO	1056	2:24:37	1049	2:21:32	385	F	241	FSNR	
1376	CHRIS	WILKINS	1057	2:24:38	1049	2:21:32	668	M	160	M40	
492	JILL	GLENCROSS	1058	2:24:41	1039	2:20:37	386	F	242	FSNR	
302	KIRSTY	CROSS	1059	2:24:45	1068	2:22:41	387	F	243	FSNR	
648	JULIE	HOWELL	1060	2:24:49	1065	2:22:27	388	F	117	F40	
1604	GARETH	WOOD	1061	2:24:57	1057	2:22:01	669	M	393	MSNR	
963	CLAIRE	MUSSON	1062	2:25:01	1074	2:23:10	389	F	244	FSNR	
56	SARAH	BANKS	1064	2:25:34	1045	2:21:13	391	F	246	FSNR	
588	FIONA	HAZELL	1064	2:25:34	1045	2:21:13	391	F	246	FSNR	
1110	CATHERINE	ROBBINS	1065	2:25:49	1077	2:23:57	392	F	247	FSNR	
1348	VICTORIA	WATSON	1066	2:25:51	1090	2:25:05	393	F	118	F40	

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25	MELISSA	ANDREWS	1068	2:26:07	1076	2:23:49	395	F	248	FSNR	
388	TRACEY	EDMONDSON	1068	2:26:07	1076	2:23:49	395	F	119	F40	
1024	JOHN	PAYNE	1069	2:26:10	1064	2:22:22	670	M	92	M50	
539	NICOLA	GUTHRIE	1070	2:26:24	1062	2:22:15	396	F	120	F40	
607	KATHRYN	HEWITSON	1071	2:26:25	1086	2:24:26	397	F	249	FSNR	
104	KEITH	BEVAN	1072	2:26:26	1080	2:24:15	671	M	161	M40	SEPENTINE
514	DONALD	GRAHAM	1073	2:26:27	1060	2:22:12	672	M	162	M40	
1311	CHRISTOPHE	VEVER	1074	2:26:29	1052	2:21:49	673	M	163	M40	
1526	JULIE	HODGSON	1075	2:26:30	1066	2:22:28	398	F	250	FSNR	NEW MARSKE HARRIERS
207	GARY	BYRNE	1076	2:26:33	1064	2:22:22	674	M	164	M40	
105	NICOLA	BEVAN	1077	2:26:34	1083	2:24:22	399	F	121	F40	
1163	TORI	SHANE	1078	2:26:38	1067	2:22:38	400	F	251	FSNR	
792	DAVE	LIGHTFOOT	1079	2:26:41	1095	2:25:43	675	M	165	M40	
1341	JESSICA	WARD	1080	2:26:42	1084	2:24:24	401	F	252	FSNR	
162	ANDREW	BRANTHWAITE	1081	2:26:43	1085	2:24:25	676	M	394	MSNR	
1211	JANINE	STANTON	1083	2:26:47	1072	2:23:02	403	F	254	FSNR	ST BEES TRIERS
118	CATHERINE	BIRD	1083	2:26:47	1073	2:23:05	403	F	254	FSNR	ST BEES TRIERS
871	JANET	MCARDLE	1084	2:26:50	1098	2:26:06	404	F	122	F40	
776	MELANIE	LEDGER	1086	2:27:11	1071	2:22:56	406	F	256	FSNR	
229	SIOBHAN	CARROLL	1086	2:27:11	1071	2:22:56	406	F	256	FSNR	
393	SHANE	ELLIOTT	1087	2:27:31	1081	2:24:19	677	M	166	M40	
719	LYNN	KELLY	1088	2:27:32	1094	2:25:33	407	F	24	F50	ST BEES TRIERS
763	MICHAEL	LARKING	1089	2:27:36	1079	2:24:14	678	M	395	MSNR	
563	FIONA	HARRISON	1090	2:27:43	1091	2:25:22	408	F	123	F40	
1425	FRAN	ARDLEY	1091	2:27:46	1097	2:25:50	409	F	257	FSNR	
1413	DOMINIC	WRIGHT	1092	2:27:56	1096	2:25:45	679	M	396	MSNR	

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945	CRAIG	MOUNSEY	1093	2:28:02	1082	2:24:21	680	M	397	MSNR	
192	CAROLE	BURNIE	1096	2:28:06	1109	2:27:33	410	F	25	F50	CUMBERLAND AC
698	PAUL	JEFFERSON	1096	2:28:06	1104	2:27:01	682	M	168	M40	
709	STEPHEN	JONES	1096	2:28:06	1105	2:27:02	682	M	168	M40	
935	CLAIRE	MORGAN	1097	2:28:11	1088	2:24:44	411	F	258	FSNR	
1539	JULIE	KENNEDY	1098	2:28:45	1087	2:24:34	412	F	124	F40	
634	JULIE	HOLLIS	1099	2:29:08	1089	2:24:57	413	F	26	F50	
440	CAROL	FORSTER	1100	2:29:30	1092	2:25:30	414	F	125	F40	
509	SHARON	GRAHAM	1101	2:29:31	1114	2:27:54	415	F	259	FSNR	
1255	BARRY JAMES	TAYLOR	1102	2:29:47	1102	2:26:48	683	M	398	MSNR	
905	JUNE	MELLOR	1103	2:29:57	1094	2:25:33	416	F	126	F40	
1055	CHRISTINE	POPE	1104	2:30:06	1103	2:26:59	417	F	27	F50	
533	MICHAEL	GRICE	1105	2:30:12	1116	2:28:49	684	M	169	M40	
729	HAZEL	KENNEDY	1107	2:30:36	1118	2:29:19	418	F	28	F50	
1335	MARK	WALTON	1107	2:30:36	1118	2:29:19	685	M	93	M50	
1419	JANET	YOUNG-GARNER	1108	2:30:37	1107	2:27:07	419	F	29	F50	
353	DEIRDRE	DIXON	1109	2:30:38	1106	2:27:05	420	F	30	F50	
1406	PATRICK	WOLSTENHOLME	1110	2:30:39	1099	2:26:15	686	M	170	M40	
494	DIANE	GLENNIE	1111	2:30:40	1100	2:26:17	421	F	127	F40	
1217	DARREN	STEADMAN	1112	2:30:43	1108	2:27:22	687	M	399	MSNR	
1257	DANIELLE	TAYLOR	1113	2:31:15	1101	2:26:44	422	F	260	FSNR	
853	CHARLOTTE	MASON	1115	2:31:18	1113	2:27:42	424	F	262	FSNR	
497	ALISON	GOODCHILD	1115	2:31:18	1113	2:27:42	424	F	262	FSNR	
1324	JOANNE	WALKER	1116	2:31:34	1123	2:30:04	425	F	263	FSNR	
1352	LEANNE	WATSON	1117	2:31:37	1119	2:29:33	426	F	264	FSNR	
831	KIRSTY	MALLALIEU	1118	2:32:01	1124	2:30:08	427	F	265	FSNR	
1384	JASON	WILLIAMS	1119	2:32:03	1122	2:29:46	688	M	171	M40	

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948	NICHOLAS	MUELLEM	1121	2:32:07	1111	2:27:38	689	M	400	MSNR	
485	SUSANNE	GEDEON	1121	2:32:07	1110	2:27:37	428	F	266	FSNR	
951	ANNE	MULLINS	1122	2:32:18	1115	2:28:48	429	F	31	F50	
1052	EMMA	POMFRET	1123	2:32:21	1121	2:29:44	430	F	267	FSNR	
738	REBECCA	KIGGINS	1124	2:32:57	1130	2:31:25	431	F	268	FSNR	
911	JAN	MICHAEL	1125	2:33:08	1129	2:31:17	432	F	269	FSNR	
1303	LAURA	TWIGG	1126	2:33:38	1120	2:29:34	433	F	270	FSNR	
580	ALICE	HAUGHEY	1127	2:33:50	1127	2:31:12	434	F	128	F40	
1306	KERRIE	UNDERWOOD	1128	2:34:00	1144	2:33:53	435	F	271	FSNR	
1570	CHRIS	MOTHERSLADE	1129	2:34:07	1137	2:33:09	690	M	172	M40	
1590	JOY	BURNS	1130	2:34:12	1125	2:30:51	436	F	32	F50	
1296	ANDREW	TRICKETT	1131	2:34:16	1128	2:31:13	691	M	401	MSNR	
348	PATRICIA	DILL	1132	2:34:24	1133	2:32:02	437	F	129	F40	
1522	HELEN	SLEE	1133	2:34:34	1136	2:33:06	438	F	33	F50	
212	LAURA	CAIRNS	1134	2:34:58	1150	2:34:21	439	F	272	FSNR	
408	IRENE	FARRAGHER	1135	2:35:05	1139	2:33:13	440	F	130	F40	
1256	JULIE	TAYLOR	1136	2:35:07	1126	2:31:01	441	F	131	F40	
52	GAYLE	BALL	1137	2:35:08	1138	2:33:12	442	F	273	FSNR	
101	DANIEL	BENNETT	1138	2:35:13	1134	2:32:30	692	M	402	MSNR	
1194	HOLLY	SMITH	1139	2:35:28	1131	2:31:30	443	F	274	FSNR	
1248	AMANDA	SWORD	1140	2:35:37	1132	2:31:50	444	F	132	F40	
179	NATALIE	BROWN	1141	2:36:09	1141	2:33:25	445	F	275	FSNR	
913	KELLY ANN	MIDDLETON	1143	2:36:10	1143	2:33:41	447	F	277	FSNR	
834	JENNY	MANCHESTER	1143	2:36:10	1143	2:33:41	447	F	277	FSNR	
1269	LUCY	TELFORD	1144	2:36:13	1146	2:34:08	448	F	278	FSNR	
734	MARTIN	KEY	1145	2:36:28	1140	2:33:16	693	M	173	M40	

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64	BEV	BARNES	1146	2:36:42	1135	2:32:40	449	F	133	F40	
235	TRACIE	CARSON	1148	2:37:01	1154	2:35:11	451	F	279	FSNR	
194	DIANE	BURNS	1148	2:37:01	1154	2:35:11	451	F	134	F40	
1212	LIZ	STANWELL	1149	2:37:13	1156	2:35:42	452	F	280	FSNR	RED TOMATO RUNNING CLUB
1268	SUSAN	TELFER	1150	2:37:34	1155	2:35:39	453	F	281	FSNR	
140	REBECCA	BONE	1151	2:37:37	1148	2:34:19	454	F	282	FSNR	
1277	HELEN	THOMPSON	1152	2:37:38	1149	2:34:20	455	F	135	F40	
1007	FIONA	PARK	1153	2:38:16	1160	2:36:04	456	F	34	F50	
1196	DEBORA	SMITH	1154	2:38:25	1145	2:34:02	457	F	136	F40	
823	PAMELA	MAGEE	1155	2:38:40	1157	2:35:45	458	F	283	FSNR	
791	RACHEL	LIGHTFOOT	1156	2:38:41	1147	2:34:18	459	F	137	F40	
161	PAUL	BRANCH	1157	2:38:42	1151	2:34:44	694	M	174	M40	
939	VICTORIA	MORRITT	1158	2:38:43	1154	2:35:11	460	F	284	FSNR	
767	STEVEN	LAWSON	1160	2:39:53	1160	2:36:04	695	M	403	MSNR	
610	EMMA	HEWSON	1160	2:39:53	1160	2:36:04	461	F	285	FSNR	
449	JOSIE	FOSTER	1161	2:40:18	1161	2:36:43	462	F	286	FSNR	
1208	SARAH	SPROAT	1163	2:40:27	1164	2:38:48	463	F	138	F40	
445	THOMAS	FORTUNE	1163	2:40:27	1164	2:38:48	696	M	22	M60	
1421	PETER	ALLAN	1164	2:40:57	1162	2:37:58	697	M	404	MSNR	
960	KATIE	MUSCAT	1165	2:41:25	1171	2:39:51	464	F	287	FSNR	
1124	PAUL	ROONEY	1167	2:42:20	1173	2:39:57	698	M	175	M40	
1123	AMANDA	ROONEY	1167	2:42:20	1173	2:39:57	465	F	288	FSNR	
595	TONY	HELME	1168	2:42:40	1174	2:40:30	699	M	23	M60	
1233	DOUG	STREAT	1169	2:42:51	1167	2:39:03	700	M	405	MSNR	
660	REBEKAH	HURST	1170	2:43:23	1170	2:39:45	466	F	289	FSNR	
862	TRACY	MAULT	1171	2:43:24	1166	2:38:59	467	F	290	FSNR	

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343	SANDRA	DEVLIN	1173	2:43:25	1166	2:38:59	469	F	292	FSNR	
1129	KELLY	ROWLEY	1173	2:43:25	1169	2:39:27	469	F	292	FSNR	NONE
273	PATRICIA	COATES	1174	2:43:44	1168	2:39:17	470	F	35	F50	
465	EMMA	FULWOOD	1176	2:44:40	1176	2:41:02	472	F	294	FSNR	
178	DOMINIQUE	BROWN	1176	2:44:40	1176	2:41:02	472	F	294	FSNR	
1334	RACHAEL	WALSH	1177	2:45:19	1177	2:41:41	473	F	295	FSNR	
326	DEBBIE	DAVIES	1180	2:45:20	1180	2:41:58	476	F	297	FSNR	
407	CLAIRE	FARAGHER	1180	2:45:20	1180	2:41:58	476	F	139	F40	
1239	AIMEE	SUGARS	1180	2:45:20	1180	2:41:58	476	F	297	FSNR	
270	ALAN	COATES	1181	2:45:40	1181	2:42:39	701	M	24	M60	
1614	PAUL	SCOTT	1182	2:45:41	1187	2:44:18	702	M	176	M40	
1093	JACQUI	REED	1183	2:46:15	1184	2:43:38	477	F	298	FSNR	
1411	SHARON	WRIGHT	1184	2:46:19	1185	2:43:49	478	F	140	F40	
768	KATIE	LAWSON	1186	2:47:08	1183	2:43:09	480	F	300	FSNR	
95	CAROLYN	BELL	1186	2:47:08	1183	2:43:09	480	F	300	FSNR	
1223	GILLIAN	STEVENS	1187	2:47:57	1188	2:45:21	481	F	36	F50	
688	STUART	JAMES	1188	2:48:06	1186	2:44:10	703	M	406	MSNR	
1382	SOPHIE	WILLACY	1189	2:48:24	1190	2:46:16	482	F	301	FSNR	
1174	COURTNEY	SHEPHERD	1190	2:48:51	1191	2:46:44	483	F	302	FSNR	
946	DEAN	MOUNSEY	1191	2:49:14	1189	2:45:33	704	M	407	MSNR	
987	CLAIRE	NOTMAN	1192	2:50:36	1192	2:47:09	484	F	303	FSNR	
1323	REBECCA	WALKER	1193	2:51:12	1197	2:47:51	485	F	304	FSNR	
1028	ANNETTE	PEARS	1194	2:51:17	1198	2:48:08	486	F	141	F40	
1362	JOHN	WELCH	1195	2:51:23	1193	2:47:15	705	M	408	MSNR	
439	STUART	FORRESTER	1198	2:51:24	1195	2:47:16	708	M	411	MSNR	
264	BEN	CLEMENTSON	1198	2:51:24	1196	2:47:17	708	M	411	MSNR	

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844	JEFF	MARSHALL	1198	2:51:24	1195	2:47:16	708	M	411	MSNR	EDEN RUNNERS
1322	HELEN	WALKER	1199	2:51:54	1199	2:48:44	487	F	142	F40	
687	PATRICIA	JACQUES	1200	2:52:14	1204	2:50:22	488	F	37	F50	
1353	JO	WATTS	1202	2:52:34	1202	2:49:49	490	F	143	F40	
869	SARAH	MCALLISTER	1202	2:52:34	1203	2:49:50	490	F	305	FSNR	
1229	MICHAEL	STORY	1203	2:52:35	1202	2:49:49	709	M	412	MSNR	
1449	JOANNE	BARBER	1204	2:52:45	1205	2:50:43	491	F	306	FSNR	
171	KERRY	BROWN	1205	2:53:04	1200	2:49:17	492	F	307	FSNR	
1316	JACQUI	WADE	1206	2:54:08	1206	2:51:41	493	F	308	FSNR	
417	PAUL	FERGUSON	1207	2:56:21	1209	2:53:03	710	M	413	MSNR	
53	MARTIN	BALL	1208	2:56:46	1211	2:54:49	711	M	414	MSNR	
80	LAURA	BATES	1210	2:57:22	1208	2:52:49	495	F	310	FSNR	
397	ALANNAH	ENRIGHT	1210	2:57:22	1208	2:52:49	495	F	310	FSNR	
2	SARAH	THOMPSON	1211	2:57:37	1210	2:54:01	496	F	311	FSNR	
565	LORRAINE	HARRISON-ROGERS	1212	2:59:45	1212	2:55:26	497	F	38	F50	
979	ENID	NICHOLSON	1213	3:01:50	1213	2:57:17	498	F	6	F60	
1615	ANN	PATRICK	1214	3:02:18	1214	2:57:45	499	F	144	F40	
26	EMMA	ANDREWS	1215	3:02:35	1215	2:58:50	500	F	312	FSNR	
1029	LORNA	PEARSON	1216	3:04:08	1216	3:00:03	501	F	145	F40	CLAREMONT ROAD RUNNERS
1375	DAVID	WILDMORE	1217	3:04:20	1217	3:00:36	712	M	177	M40	
968	RAYMENT	NEALE	1218	3:04:31	1219	3:02:17	713	M	25	M60	
480	SHANNON	GASKO	1219	3:05:04	1218	3:01:36	502	F	39	F50	
208	EMMA	CADDEN	1221	3:06:44	1220	3:02:48	504	F	313	FSNR	
570	JULIE	HARTLEY	1221	3:06:44	1222	3:04:08	504	F	146	F40	
789	MEAGHAN	LI	1222	3:07:30	1221	3:03:57	505	F	147	F40	
540	DAVID	HABDYSDIE	1223	3:08:37	1223	3:05:52	714	M	178	M40	

# The Cumberland Building Society Great Cumbrian Run 2014

Carlisle

Sunday 5th October 2014



Official Timer - Winning Time UK Ltd - [www.winningtime.co.uk](http://www.winningtime.co.uk)



**RELAY TEAMS – ADD 1700 ONTO YOUR BIB NUMBER EG RELAY TEAM 1 IS 1701**

<b>BIB</b>	<b>FORENAME</b>	<b>SURNAME</b>	<b>RANK</b>	<b>GUN TIME</b>	<b>CHIP RANK</b>	<b>CHIP TIME</b>	<b>GEN POS</b>	<b>GENDER</b>	<b>CAT POS</b>	<b>CATEGORY</b>	<b>CLUB</b>
567	ANITA	HARRY	1224	3:24:31	1224	3:20:02	506	F	314	FSNR	
566	JULIE	HARRY	1225	3:24:35	1225	3:20:06	507	F	148	F40	
601	GILLIAN	HENRY	1228	3:54:53	1228	3:50:41	509	F	149	F40	
427	CARL	FISHER	1228	3:54:53	1228	3:50:41	715	M	415	MSNR	CARLPT
32	CARRIE	ARMSTRONG	1228	3:54:53	1228	3:50:41	509	F	315	FSNR	